

# CHARLES ZEIDERS

Licensed Psychologist  
Diplomate in Cognitive-Behavioral Psychology  
Certified Cognitive Forensic Therapist  
Certified Cognitive-Behavioral Christian Counselor  
National Certified Counselor

Charles Zeiders, PsyD  
Christian Counseling and Therapy  
Associates of the Main Line  
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Havertown, PA 19083

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## PROFESSIONAL EXPERIENCE

**Medical Staff Psychologist**, Department of Psychiatry, Main Line Health System, Bryn Mawr Hospital, Bryn Mawr, PA, 2010–present

- Hospital privileges include psychotherapy, biofeedback (mind/body medicine), and psychological testing

**Clinical Psychologist and Clinical Director**, Bryn Mawr, PA; Christian Counseling and Therapy Associates of the Main Line (CCTAML), Havertown, PA, 1997–present

- Diagnose and treat psychopathology with evidence-based Cognitive-Behavioral Therapy and psychoanalytic inquiry; consult to **patients, attorneys, and business persons**.
- Consult regarding psychoactive medication
- Consult forensically to dangerousness, parole, probation, disability, and litigation issues; provide expert witness services to personal injury law practices: forensic evaluations, depositions in civil or criminal cases, etc.
- Administer psychology practice, including HIPPA, systems, and policies
- Develop wellness (psychoneuroimmunological) interventions from Cognitive-Behavioral Therapy and Depth Psychology; clinical applications include Mindfulness and Centering Prayer for Behavioral Health issues
- Assess clients with psychological tests for diagnostic and organizational purposes
- Consult with religious and business organizations regarding mental health status and professional performance of upper management
- Chairman of the Think Tank for Christian Holism, sponsored by the Institute for Christian Counseling and Therapy (most active 1999–2002)
- Consult to obtain governmental funding for psychoeducational programs for at-risk inner-city youth (most active 1999- 2002)
- Chairman of the Psychotherapist Group of the Association of Christian Therapists (2006–2009); initiated Best Practices Psychotherapy Initiative for annual International Conferences interfacing Christian spirituality and psychotherapy in context of Religious or Spiritual Problems (V62.89)
- Retained as Senior Clinical Advisor to elite chemical dependency residential treatment start-up , January–June 2009
- Supervise Pastoral Counseling Graduate students from Neumann University’s Department of Pastoral and Theological Studies; devote practice hours fulfilling scholarly duties as **Associate Editor** of the Journal of Christian Healing

- Administer the vision and mission of CCTAML by ensuring that leading-edge, evidence-based psychotherapy is available to an ecumenical patient population that seeks responsible integration of diverse spiritualities on the medical model
- Provide consulting psychological services to Roman Catholic and Episcopal Diocesan officials regarding organizational development issues and fitness for duty among clergy

**Staff Psychologist**, Neurobehavioral Unit, Riddle Memorial Hospital, Media, PA, 1998–2000.

- Treat institutionalized geriatric population for complications secondary to neurological and age-related psychiatric disorders
- Coordinate treatment with attending physician, psychiatrist, and medical staff
- Duties include original lectures in geriatric psychopathology

**Staff Psychotherapist** ReMed, Valley Forge, PA, 1990–1992.

- Offer brain-injured patients' intensive psychotherapy under clinical supervision
- Design behavior modification protocols for disorders of impulse control
- Duties include original lectures in brain-injury rehabilitation

**Staff Psychotherapist**, Norristown Life Center, Norristown, PA, 1989–1990.

- Counsel community mental health population under supervision
- Diagnose and treat court-mandated patients, recovering addicts, and severe character pathologies

## TEACHING APPOINTMENTS

**Adjunct Instructor**, Pastoral and Theological Studies, Neumann University, 2012-present

- Provide lectures regarding the integration of best practices in clinical psychology and the religious and spiritual health requirements of patient populations

**Faculty for Psychology and Spirituality**, One Body/One Spirit Seminars, LLC, 2004–present

- Provide original lectures for twice yearly mind/body/spirit psychology seminars exploring the cutting edge of integrative thought and emergent psychological inquiry
- Topics include Psychoneuroimmunology, Qi Gong, Jungian Psychology, Christianity, Taoism, and comparative religious healing psychologies

**Adjunct Instructor**, Graduate Counseling, Eastern University, Summer 2002–present

- Teach psychopathology according to DSM-IV medical model
- Lecture graduate students on the scientific basis of psychometric assessment
- Provide original lectures on all aspects of human development

**Adjunct Instructor**, Science and Humanities, Harcum College, Spring 2000–2002

- Teach survey courses in psychology
- Emphasize the use of psychology as a critical and interpretive methodology
- Lecture regarding human development, perception, consciousness, learning, health psychology, and

clinical methodologies

**Adjunct Faculty in Psychology**, Union Institute, 2003/2007

- Serve on dissertation committees for Ph.D. Candidates: Christina Jackson, Ph.D. Candidate, “Nurses as Healers: A Qualitative Study.” Defense date: 4/2003
- Landis Vance, Ph.D. Candidate, “Spiritual Experiences of Chronic Illness When There is no Personal God.” Defense date: 5/19/2007

## FELLOWSHIPS, INTERNSHIPS, and PRACTICA

**Postdoctoral Fellowship**, School of Medicine, Department of Psychiatry, Center for Cognitive Therapy, University of Pennsylvania, 1996–1997

- Assess and treat federal prison population supervised by U.S. Department of Justice
- Psychoanalyze Wharton graduate candidates, medical students, and professors and scholars from University of Pennsylvania schools
- Treat clinical syndromes and character pathology using Beck’s classical Cognitive Therapy model
- Lead case study seminars and case presentations
- Contribute to round-table symposia under auspices of Aaron T. Beck, M.D.

**Predoctoral Internship**, Reading Hospital, Centers for Mental Health, West Reading, PA, 1994–1995

- Training rotation in locked in-patient psychiatric wing of hospital (adults and minors); out-patient psychology as supervised psychotherapist; in psychological assessment of psychiatric population; in forensics under supervision of chief psychiatrist Larry Rotenberg, M.D.
- Provide psychotherapy, psychopharmacological consultation, psychometric assessment, and group therapy under supervision of licensed psychologists

**Psychology Practicum**, Coatesville Veterans Affairs Medical Center, Coatesville, PA, 1994

- Provide biofeedback and assessment to military population suffering from PTSD and related disorders
- Provide supportive treatment to Vietnam veterans with service-related mental health conditions

**Diagnostic Practicum**, Devereux Day School, Berwyn, PA, 1993

- Administer psychoeducational and psychodiagnostic assessment of special needs students
- Generate psychological reports under clinical supervision
- Consult to faculty regarding student issues germane to ADHD and Disorders Usually First Diagnosed in Infancy, Childhood, or Adolescence

## EDUCATION

**Doctor of Psychology**, Immaculata College, Doctor of Psychology Program, 1996.

**Master of Science**, Villanova University, Counseling and Human Relations, 1990.

**Bachelor of Arts**, Elizabethtown College, English, *magna cum laude*, 1985.

**Zeiders****PUBLICATIONS**

**Zeiders, C. L.**, and Pekala, R. (1995). A review of the evidence regarding the behavioral, medical, and psychological efficacy of Christian prayer. The Journal of Christian Healing. Vol. 17(3), 17–28.

**Zeiders, C. L.** (1997). Comment on John Robinson. The Journal of Christian Healing. Vol. 19(4), p-p.

**Zeiders, C. L.**, and DeMarici, V. (1998). The societal, clinical, and medical necessity for the church to renew her healing ministry. The Journal of Christian Healing. Vol. 20(3-4), 30–36.

**Zeiders, C. L.**, and Schaller, J. (1998). The argument for the inclusion of spirituality. The Journal of Christian Healing. Vol. 20(1), 33–45.

**Zeiders, C. L.** (1999). A Christian depth psychology of forgiveness leading to the resurrection effect. The Journal of Christian Healing. Vol. 21(2), 3–23.

**Zeiders, C. L.**, Schoeninger, D., Riffel, H., Caccese, R., Wegryn, J. (2001). Tenets of Christian holism for psychotherapeutic treatment. The Journal of Christian Healing, Vol. 22(3-4), 5–41.

**Zeiders, C. L.** (2001). Forgiveness, Christian holism, and the resurrection effect. The Journal of Christian Healing. Vol. 22(3–4) 42–57.

\_\_\_\_\_ (2001). Dreams and Christian holism. Journal of Christian Healing. Vol. 22(3-4), 58–71.

**Zeiders, C. L.**, and Wegryn, J. (2001). Forgiveness and healing the repetition compulsion. In Schoeninger (ed.). A Primer for Christian Healthcare Practice. The Association of Christian Therapists: McLean VA, 155–64.

**Zeiders, C. L.** (2003). The anthropological and scientific case for psycho-energetic healing. – part 1. The International Journal of Healing and Caring On-line. Vol. 3(1). Pdf. Retrievable at [http://www.wholistichealingresearch.com/may\\_2003\\_v3\\_n2.html](http://www.wholistichealingresearch.com/may_2003_v3_n2.html)

\_\_\_\_\_ (2003). The anthropological and scientific case for psycho-energetic healing. – part 2. The International Journal of Healing and Caring On-line. Vol. 3(2). Pdf. Retrievable at [http://www.wholistichealingresearch.com/may\\_2003\\_v3\\_n2.html](http://www.wholistichealingresearch.com/may_2003_v3_n2.html)

\_\_\_\_\_ (2004). The Jesus prayer. St. Raphael's Messenger. November, Vol. 2, 3.

\_\_\_\_\_ (2004). The Clinical Christ: Scientific and spiritual reflections on the transformative psychology called Christian holism. Birdsboro, PA: Julian's House. Pdf. Retrievable at [www.drzeiders.com](http://www.drzeiders.com)

\_\_\_\_\_ (2008). What is neurotheology? The Global Spiral. December, 12. Retrievable at <http://www.metanexus.net/Magazine/tabid/68/id/10668/Default.aspx>

\_\_\_\_\_ (2010). Integrative mental health treatment for alcoholism and the Christ of recovery. Journal of Christian Healing. Vol. 26(1). Pdf. Retrievable at <http://www.actheals.org/Pearl/JCH.html>

\_\_\_\_\_ (2010). The metamorphic moment: a psychology of fire and love for the postmodern day of judgment. Journal of Christian Healing, Vol. 26 (2). Pdf. Retrievable at <http://www.actheals.org/Pearl/JCH.html>

**Zeiders, C.**, Sperry, L. Paul, G. Demar, J. (2011) A multi-disciplinary discussion of the God-inspired dreams of an institutionalized roman catholic schizoaffective patient. Journal of Christian Healing, Vol. 27 (1), 16-28. Pdf. Retrievable at <http://www.actheals.org/Pearl/JCH.html>

Sacher, M., **Zeiders, C.** (2011). Spirituality in values based leadership: how and why Christian counselors should consider

## Zeiders

marketing themselves to current and future leaders in American corporations. Journal of Christian Healing, Vol 27 (1), 29-45. Pdf. Retrievable at <http://www.actheals.org/Pearl/JCH.html>

**Zeiders, C.** (2012). Dr. Charles Zeiders, Clinical Psychologist: Interview. Beyond Success Online: Keeping You Competitive by Revealing the Stories of Today's Rising Entrepreneurs.

Retreivable at <http://beyondsuccessonline.com/2012/04/dr-charles-zeiders-clinical-psychologist/>

**Zeiders, C.** (2012). Survey of idolatry and American culture. Journal of Christian Healing, 28 (2), 51-70.

**Zeiders, C.** and Schoeninger, D. (2012). An interview regarding the psychologist of faith and the post-modern moment. Journal of Christian Healing, 28 (2) 71 -76.

**Zeiders, C.** (2013). Christian holism: Offering the Holy Spirit the tools of our trade. In D. W. Appleby & G. Ohlschlager (Eds.), Transformative Encounters: When God Intervenes in Christian Counseling and Pastoral Care, Carol Springs, IL: InterVarsity Academic Press.

**Zeiders, C.**, Jean-Jacques, A., Fernandes, S. and Schoeninger, D. (2013). A Christian healing energy study: statistical, qualitative, and factor analytical outcomes of a survey of the experience of healing energy among a subgroup of the Association of Christian Therapists. Journal of Christian Healing, Vol 29 (1). Pdf. Retrievable at <http://www.actheals.org/Pearl/JCH.html>

**Zeiders, C.** (2013). Wall Street revolution and other poems. Skiatook, OK: Fisher King Press.

**Zeiders, C.** (2014). The role of dream interpretation in Christian psychology. The EMCAPP Journal of Christian Psychology Around the World,\_5, 214 -215. Pdf. Retrievable at <http://emcapp.ignis.de/5>

*For the purpose of this curriculum vitae the corpus of the website [www.drzeiders.com](http://www.drzeiders.com) shall be considered a publication.*

## **INVITED WORKSHOPS, PRESENTATIONS, and COLLOQUIUM** [recorded lectures noted in brackets and italicized with publisher name]

**Spirituality and Wellness.** Presented to the Pennsylvania Psychological Association Convention, Lancaster, 2002.

**Accessing Faith in an Age of Anxiety.** Presented to the public as part of the Trinity Healing Seminars, Philadelphia, 2002. [Recorded and published by *Julian's House Birdsboro, PA*]

**Dreams and CBT Technique.** Presented to The Volcanic Mind Conference, sponsored by the International School of Cognitive Therapy, Catania, Sicily, July 2003.

**Dreams, Cognitive-Behavioral Technique, and Transformative Spiritual Experience.** Presented to the 33rd Congress of European Association of Behavioral and Cognitive Therapists, Prague, Czech Republic, and September 2003.

**Cognitive-Behavioral Lessons about Identity Schema in the Case of a Schizoaffective Patient.** Presented at pre-conference workshop to the International Conference of the Association of Christian Therapists, Denver, CO, October 2003.

**The Clinical Christ: How Christian Holism Unleashes the Healing Power of God in the Clinical Situation.** [with Doug Schoeninger, Ph.D.] Presented to the International Conference of the Association of Christian Therapists, Cincinnati, OH, October 2004. [Recorded and published by *Word of the Spirit Tape Ministry, Markham, Ontario Canada*].

**Spirituality: Profound Connection to Other.** Invited mini-lecture to Harvard Medical School, Benson-Henry Institute, Clinical Training in Mind/Body Medicine, March 22, 2005.

**The Psychology and Physiology of Clinically Standard Meditation.** Presented to students of contemplation attending a Healing Mission Seminar, Church of the Good Shepherd, Rosemont, PA, May 2005.

**Anglican Health Care and Spirituality Lecture Series.** Presented week-long lecture and seminar series at the invitation of the Anglican Bishop of the Diocese of Trinidad and Tobago to medical and ecclesial leaders, Port of Spain and other sites, November 2005.

**New Directions in Christian Holism.** Presented to the International Conference of the Association of Christian Therapists, Long Island NY, October 2006.

**Cognitive-Behavioral Therapy as a Science-Based Depth Psychology.** Presented to graduate learners at Neumann College, Pastoral and Theological Studies Program, November 2007.

**Cinema and Psychotherapy.** Presented to the International Conference of the Association of Christian Therapists, Little Rock, AK, September 2007. [*Recorded and published as Using Healing Soul Wisdom of Poetry, Novels, & Movies by Word of the Spirit Tape Ministry, Markham, Ontario Canada*].

**A Case Study of a Schizoaffective Patient's Dreams** [with Len Sperry, M.D., Gail Paul, Ph.D., and Jim DeMar, Ph.D., discussants]. Presented to the International Conference of the Association of Christian Therapists, Little Rock, AK, September 2007.

**Mind/Body Psychology.** Presented to Psychotherapist Group as part of the Best Practices Psychotherapy Initiative at the International Conference of the Association Christian Therapists, Little Rock, AK, September 2007.

**Leadership Growth and Accepting Anxiety.** Presented to the ACT Executive Leadership Retreat, Chicago, September 2008.

**Healing the Traumatic Core of DSM-IV Disorders: 5 Cases, Christian Holism and the Medical Model.** Presented to the International Conference of the Association of Christian Therapists, Chicago, September 2008. [*Recorded and published by Word of the Spirit Tape Ministry, Markham, Ontario Canada*].

**Treating Traumatized Populations** [with Benjamin Keyes, Ph.D., and Debra Kalinyak, M.S., first presenters]. Presented to the Psychotherapist Group as part of the Best Practices Psychotherapy Initiative at the International Conference of the Association of Christian Therapists, Chicago, IL, September 2008.

**A Comprehensive Evidenced-Based Integrative Treatment Model for Substance-Related Disorders.** Presented to Executive Director and clinical staff of the Mychal Institute [now Two Dreams], Corolla, NC, March 2009.

**Dreams: The Unconscious and Spiritual Dimensions of Healing.** Presented to Epiphanies and Quantum Change Conference sponsored by One Body/One Spirit Seminars, LLC, Weston, VT, August 16, 2009. [*Recorded and published as Dreams by Julian's House Birdsboro, PA*].

**Christian Healing and Science are Proving Each Other by Challenge to Cartesian Dualism** [with Benjamin Keyes, Ph.D., first presenter]. Presented to the International Conference of the Association of Christian Therapists, Jacksonville, FL, September, 17-21, 2009. [*Recorded and published by Julian's House Birdsboro, PA*].

**Social Justice and the Christian Clinician at the Front Line: Ministry to the Marginalized and Institutions that Betray** [with Benjamin Keyes, Ph.D., and Merrill Reese, Ph.D., second presenters]. Presented to the International Conference of the Association of Christian Therapists, Jacksonville, FL, September, 17 -21, 2009. [*Recorded and published as by Julian's House Birdsboro, PA; recorded and published by Word of the Spirit Tape Ministry, Markham, Ontario Canada*].

**Treating Addictive and Compulsive Disorders with Best Practices and Christian Spirituality** [with Len Sperry, M.D., discussant]. Presented to Psychotherapist Group as part of the Best Practices Psychotherapy Initiative at the International Conference of the Association of Christian Therapists, Jacksonville, FL, September, 17-21, 2009.

**The Collapsing Culture of Narcissism: A Jungian Critique.** Presented to Metamorphosis: Transforming the Psyche by Perceiving and Addressing Our Shadow Conference sponsored by One Body/One Spirit, LLC, Ardmore, PA, February 13, 2010.

**Neurological Disorders: Dementia, Delirium, and Brain Injury.** Presented to N480: Psychiatric Mental Health Nursing, Department of Nursing, Eastern University, St. Davids, PA, April 7, 2010.

**Psychiatric Care of the Suicidal Patient.** Presented to N480: Psychiatric Mental Health Nursing, Department of Nursing, Eastern University, St. Davids, PA, April 7, 2010.

**Post-Traumatic Stress Treatment for Men of War.** Presented to From Wounded Warrior to Wounded Healer, Church Ministry Institute for the Archdiocese of Philadelphia, Ministry Project for St. Philip and St. James Church, Exton, PA, May 30, 2010.

**Wisdom of the Sages: Psychology, Sacraments, and Chakras.** Presented to Modern Mysticism: a Spirituality of Inclusion sponsored by One Body/One Spirit, LLC, Weston, VT, August 8, 2010.

**Sexual Addiction: Etiology, Treatment, and Recovery** [with Benjamin Keyes, Ph.D., and Merrill Reese, Ph.D., co presenters]. Presented to the International Conference of the Association of Christian Therapists, Albuquerque, NM, September 16 -19, 2010. . [*Recorded and published by Word of the Spirit Tape Ministry, Markham, Ontario Canada*].

**Madness and Addiction in the Culture of Narcissism: A Jungian Critique of the Addicted American Mind.** Presented to the International Conference of the Association of Christian Therapists, Albuquerque, NM, September 16 -19, 2010. [*Recorded and published by Word of the Spirit Tape Ministry, Markham, Ontario Canada*].

**Cognitive Behavioral Psychotherapy of a Patient Suffering from Compulsive Sexual Behaviors** [with Ben Keyes, Len Sperry, Cheryl Marsh, co presenters]. Presented to Psychotherapist Group as part of the Best Practices Psychotherapy Initiative at the International Conference of the Association of Christian Therapists, Albuquerque, NM, September 16 -19, 2010.

**The Psychology of the Madness of Idolatry: Original Survey Data.** Presented to Trust the Dying sponsored by One Body/One Spirit, LLC, Weston, VT, August 13, 2011.

**The Implications and Applications of Recent Neuroplasticity and Neurobiology Research Findings for Christian Healing Practices** [with Douglas Schoeninger, co presenter]. Presented to the International Conference of the Association of Christian Therapists, Philadelphia, PA, October 8, 2011. [*Recorded and published by Word of the Spirit Tape Ministry, Markham, Ontario Canada*].

**The Value and Challenge of Energy Psychology for the Christian Healer** [with Julie Wegryn co presenter]. Presented to the International Conference of the Association of Christian Therapists, Philadelphia, PA, October 8, 2011. [*Recorded and published by Julian's House Birdsboro, PA*]

**Christian Healing Energy Survey: Metrical and Phenomenological Data on Mystical Healing Energy Experiences and Attitudes from a Convenience Sample of the Association of Christian Therapists.** Presented to the 10<sup>th</sup> Annual Mid-Year Conference on Religion and Spirituality, Loyola University of Maryland , March 31, 2012.

**Metamorphosis and the Kingdom of God.** Presented to A New Heaven and a New Earth sponsored by One Body/One Spirit, LLC, Weston, VT, August 11, 2012

**Christian Holism as a Spirituality of Psychotherapy.** Presented to the 11<sup>th</sup> Symposium of the European Movement for Christian Anthropology, Psychology, and Psychotherapy, Warsaw, Poland, September 3 – 6, 2012. [as invited plenary speaker]

**The Christian Psychotherapist's Approach to the Psychological and Spiritual Problems of Postmodernism** [Ben Keyes, Robert Sears, and Karen Cichon, co presenters]. Presented to Psychotherapist Group as part of the Best Practices Psychotherapy Initiative at the International Conference of the Association of Christian Therapists, Chicago IL, October 4 - 7, 2012.

**Exploring the Problem of Hatred: Psychological and Spiritual Considerations and How Christian Empathy Ignites Healing Agape** [with Douglas Schoeninger, co presenter]. Presented to the International Conference of the Association of Christian Therapists, Chicago IL, October 4 -7, 2012. [*Recorded and published by Word of the Spirit Tape Ministry, Markham, Ontario Canada*].

**Introduction to Christian Holism.** Presented to Approaches to Christian Counseling, Department of Graduate Counseling, Eastern University, St. David's, PA, January, 30 2013.

**Mystical Dreams & Visions: Scientific and Clinical Considerations.** Presented to the 11<sup>th</sup> Annual Mid-Year Conference on Religion and Spirituality, Loyola University of Maryland, March 23, 2013.

**The Clinical Neurology of Meditation.** Invited speaker to Doctor of Psychology Candidates, Philadelphia College of Osteopathic Medicine, April 30, 2013.

**The Psychologist of Faith and the Post-Modern Moment.** [with Douglas Schoeninger, co presenter]. Presented to the International Conference of the Association of Christian Therapists, Linthicum, MD, October 11, 2013. [*Recorded and published by Word of the Spirit Tape Ministry, Markham, Ontario Canada*].

**Wall Street Revolution and Other Poems: A Depth Psychological Exploration through Poetry of the Death and Potential Resurrection of the Western Mind.** Presented to A Joint Jung/Lacan Conference, St. John's College, Cambridge, UK. June 13, 2014.

**Spiritual Dreams.** Presented to A Joint Jung/Lacan Conference, St. John's College, Cambridge, UK. June 14, 2014.

## ORGANIZATIONS

National Association of Cognitive-Behavioral Therapists  
Philadelphia Society of Clinical Psychologists  
Pennsylvania Psychological Association:

Fellow

Association of Christian Therapists:

Board of Directors, 2005–2008  
Psychotherapist Group Chair, 2006–2009  
Psychotherapist Group Chair, *emeritus*, 2009–present

Institute for Christian Counseling and Therapy

Chair, Think Tank for Christian Holism, 1999–present



**Zeiders**

Pennsylvania Psychological Political Action Committee

Board of Directors, 2010–2012

Leadership Level, 2009, 2010, 2011, 2012

International Association of Trauma Professionals, 2014

**CERTIFICATIONS**

Licensed Psychologist (PA)

Diplomate in Cognitive-Behavioral Psychology (NACBT)

Certified Cognitive Forensic Therapist (NACBT)

Certified Cognitive-Behavioral Christian Counselor (NACBT)

National Certified Counselor (NBCC)

Certified Yin Yoga Instructor (Shivaya Yoga)

**REFERENCES**

Furnished upon request.