



## DR. CHARLES ZEIDERS

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## VERY DISCREET ASSESSMENT AND CONSULTING FOR ELITE PROFESSIONALS

Very Discreet Assessment is a program offered to elite professionals who want to know themselves more fully so that they can accomplish their purposes in life.

As a method of self-awareness, it is utterly unique.

Very Discreet Assessment entails careful selection of psychometric instruments to increase the professional's self-knowledge.

At high levels of achievement, whether in business, the professions, or any other demanding field, personal and career life blend together.

People who are masters in their work appreciate that all elements of their psychological life are engaged in everything they do.

They understand that one's total psychological life is the foundation of their excellence.

But eventually a high-achieving person will underperform on a self-selected marker of excellence.

This underperformance may be signaled by a lack of personal fulfillment or by frustration in a professional matter.

Naturally, the high-achieving professional will seek insight into their total psychological process.

Once the issue has been illuminated, then breakthroughs in the desired arenas occur.

With Very Discreet Assessment, illumination occurs as follows.

The high-achieving professional discloses the matter to the psychologist.

The matter is exhaustively discerned and explored from poly-disciplinary vantages.

Psychological tests and data-gathering techniques are agreed upon to illuminate the professional's concerns.

Scientific, qualitative, and observational data are synthesized in a document designed to provide clarity and ways forward.

Very Discreet Assessment differs from coaching in that it is solely dedicated to the professional's questions about themselves.

The retaining professional owns all the information and no 360-degree information is gleaned. (If such information is required, it will be gathered discreetly).

Very Discreet Assessment answers delicate personal/professional questions that an elite person poses about themselves.

At an elite professional level, the guarantee of discretion from the consultant is vital.

The professional's confidentiality must remain intact, and their dignity must be upheld.

Once Very Discreet Assessment has been completed, Very Discreet Consulting may or may not be recommended.

Fees are comparable to expert witness fees.

Relevant matters may be discussed by contacting Dr. Charles Zeiders at [610 653 0151](tel:6106530151), or emailing [drzeiders@drzeiders.com](mailto:drzeiders@drzeiders.com)

Information about the consultant may be found at [www.drzeiders.com](http://www.drzeiders.com)