

Key Words: Christian healing, energy experience, survey

**A Christian Healing Energy Study:
Statistical, Qualitative, and Factor Analytical Outcomes
of a Survey of the Experience of Healing Energy among a
Subgroup of the Association of Christian Therapists**

Charles Zeiders, Pys.D.

853 Summit Grove Avenue
Bryn Mawr, PA 19010

610 653 0151

drzeiders@drzeiders.com

www.drzeiders.com

Audrey Jean-Jacques, BA

Eastern University

1336 W. Toronto Street

Philadelphia, PA 19132

Ph: 267.760.3759

ajejanjac@eastern.edu

Sherira Fernandes, PhD

231 Silverbell Ct

West Chester PA, 19380

sherira@uw.edu

Douglas W Schoeninger, PhD

1515 Westchester Pike, A-3

West Chester, PA 19382

Ph: 610-431-4730

doug661@verizon.net

ABSTRACT

Objective: To examine the experiences and opinions of a group of Christian Health Care professionals regarding “energy healing.”

Background: In the course of Christian healing ministry a sensation of energy can trigger the perception that God is mystically entering the clinical or health-relevant situation. This energy experience is epitomized in the Gospel According to Mark 5:24-31 wherein Jesus physically emanates “Virtue” or “Power” – here conceptualized as “energy” - into a hemorrhaging woman to cure her discharge of blood.

Sample: The Association of Christian Therapists (ACT) is a society of Christian healthcare professionals comprised predominately of charismatic Roman Catholics.

It is believed that the majority of surveyed respondents held Masters Degrees or Doctorates (mostly in mental health) and pursued careers in some area of allied healthcare.

Methods: The Christian Healing Energy Survey (CHES) was available on the Internet via the SurveyMonkey® website. The CHES asked forced-choice questions regarding respondents’

energy healing opinions and experiences. On August 4, 2011, the survey was opened, and it was closed on September 7, 2011. A web link was distributed in an official letter to members of the Association of Christian Therapists (ACT), inviting 416 ACT members in the organization's listserv to complete the survey. Out of the 77 respondents who opened the survey, only 41 people completed it. Only the data of survey completers was used for data analysis. The sample were asked questions about their experience of energy in the course of Christian healing and their experiences and attitudes regarding controversial non-Christian energy practices, whether eastern or science-based. Data collection involved metric and written responses to items.

Data Analysis: CHES data was analyzed in 4 ways: 1) Percentage of Yes/No responses for each item; 2) Qualitative analysis of written responses. 3) Factor analysis, and 4) Trend analysis.

Results:

- 1) Percentage outcomes indicate a sample generally experienced with and friendly to energy healing within and outside of the Christian tradition.
- 2) Qualitative analysis of written responses included the finding that charismatic healthcare professionals may call upon God during extreme clinical encounters and experience God energetically;
- 3) Factor analysis established three factors, provisionally named:
 - a. Degree of beneficial God-centered energy experience,
 - b. Degree of beneficial secular-scientific energy experience, and
 - c. Degree of belief in the "centerability" of non-Christian energy practices.
- 4) Trend analysis showed a tendency in the data such that respondents who affirm that non-Christian energy modalities can be Christ-centered respond more positively to items throughout the CHES –a finding that points to a Christocentricity Effect.

Due to sampling limitations and positive bias within CHES questions, findings cannot be generalized to ACT or the larger population of Christian healthcare professionals.

[Click here](#) to enter your comments, reflections
and feedback in response to this article.
We appreciate your input.

In the course of prayer or healing work Christians sometimes experience a flow of energy associated with the favorable activity of God. To gather information on the phenomenology of the energy experience and to study the attitudes of healers regarding energy healing modalities, this study surveyed a sample of healers recruited from a charismatic Christian professional organization. The methodology gathered statistical data and written responses that explicated forced-choice answers to survey items. In this study survey data is explored in terms of the percentage of respondents who answered Yes or No to a specific question, a qualitative analysis of the written responses, and a factor analysis of the survey.

Methods

Participants and Recruitment

This study uses data gathered from an original survey distributed to participants on the Internet via the SurveyMonkey® website. A web link was distributed in an official letter to 416 members on the listserv of the Association of Christian Therapists (ACT), inviting respondents to complete the survey. Of the 77 respondents who began the survey, 41 people completed it - that is, 10% of the available respondents. Of the 36 respondents who opened the survey but did not finish, it is speculated that technical problems, time constraints, or aversion to the survey's topic of Christian healing energy might account for the incompleteness. Regarding the large number who received the survey but did not open it (339) it can be speculated that they may have

found responding inconvenient, or perhaps the topic of energy healing uncomfortable or repulsive for theological or other reasons.

Only data from participants who agreed to participate in the study through informed consent were included in the following percentages, thematic coding, factor analysis, and trend analysis. The informed consent clause is in Table 1. The survey collected no identifying information or demographic data, but it is known that the Association of Christian Therapists (ACT) is a professional society comprised predominately of charismatic Roman Catholic healthcare professionals, the majority of whom hold graduate degrees, mostly in mental health, nursing, medicine and theology disciplines, and are actively engaged in careers in secular mental health, chaplaincies, and hospital settings. It is further known that during ACT regional and international conferences members of this group engage in charismatic worship and ministry and that experiences of energy associated with the favorable activity of the Holy Trinity occurs as a group and individual phenomenon. Central to the beliefs and behavior of this group is that the Christian God is active and kind and that prayer and the laying on of hands releases a divine healing power that benefits the physical and mental health of the ministry recipients (see the percentages of Yes responses to items in table 3).

Measures

Christian Healing Energy Survey (CHES)

Variables for this study were taken from the CHES. The CHES is a novel 12-item survey designed to elicit information regarding the participants' personal and professional opinions and experiences with secular and non-secular energy systems. Responses were gathered through a dichotomous "Yes" or "No" response in addition to optional write-in responses. The CHES was designed specifically to gather metrical and qualitative information from this population of seasoned Christian healthcare professionals and healers. The CHES items are in Table 2.

Table 1 - Informed Consent Clause

I allow the investigators of this survey to use any and all parts of the information I provide and publish this information in print and electronic media. I authorize the investigators to print my written statements, to interpret them, and to edit my comments for readability, but not content. I understand that my information will be electronically stored, and I hold the investigators harmless for any real or imagined inconvenience that arises from my participation. To take this survey I realize that I do not have to provide identifying information, and I will not write comments that would lead to self-identification or that of another individual. I am informed that I am under no obligation whatsoever to take this survey. I acknowledge that once obtained the information will be the intellectual property of the surveyors. I understand that the word **"energy" refers to some type of vital force that can be sensed and perceived.** I understand that this survey intends to represent opinions and experiences of the members of the Association of Christian Therapists who opt to take this survey and that those who participate will be able to elaborate, explicate, or explain their answers in writing.

Table 2 - Survey Items

Items 1-12 require “Yes” or “No” responses with an option to qualify answers with written responses; item 13 asks for written responses only:

1. I have experienced God’s HEALING GRACE in the form of sensations of a flow, movement, or presence of energy.
2. I have experienced a PERSONAL HEALING from God that involved the sensation, movement, or presence of energy.
3. I have experienced God’s healing grace in the form of sensations of a flow, movement, or presence that moved through me to help my patients or clients.
4. My patients or clients have experienced God’s healing grace in the form of a sensation of a flow, movement, or presence of energy to their benefit.
5. I believe that it is desirable to study scientifically the Christian experience of healing energy.
6. I have fruitfully PRACTICED AS A HEALER a secular form of energy medicine or psychology or healing that involved working with energy systems.
7. I have fruitfully EXPERIENCED AS A PATIENT a secular form of energy medicine or psychology or healing that involved working with energy systems.
8. I believe that non-Christian energy healing systems (like yoga, chi gong, etc.) are or will be scientifically verified as medically beneficial.
9. I believe that non-Christian energy healing systems (like yoga, chi gong, etc.) can be centered in Jesus and spiritually safe.
10. I believe that the human body exudes an energy field that is important to understand for purposes of spiritual, psychological, and physical health.
11. I believe that all energy treatment modalities that are evidence-based or scientifically verified can be centered in Jesus and spiritually safe.
12. I believe that the energy that discharged from Jesus that healed the hemorrhaging woman in Mark 5:24-31 is a phenomenon that I have personally experienced flowing either into me, out from me, or settling upon me for a healing purpose in God.
13. An example of experiencing the Christian God and energy is...

Results

Section 1: Percentages of Yes and No Responses

Questionnaire items were written so that “Yes” responses indicated open attitudes toward energy healing items, and “No” responses indicated closed attitudes. The percentage of “Yes” responses was over 50% for every survey item except for item 6. Only 26.8% of the respondents reported fruitfully practicing as a healer a secular form of energy medicine or psychology or healing that involved working with energy systems. Overall, however, the percentages of “Yes” responses indicate a generally open group posture toward the reality of Christian energy experience as a spiritual phenomenon of healing. The number of “Yes” responses also depicts a group that entertains open attitudes toward non-Christian energy practices like yoga and chi gong. Importantly two items, the first and fifth, elicited a percentage of “Yes” responses of over 90%. The percentage of respondents who provided a “Yes” response to the first question, “I have

experienced God's healing grace in the form of sensations of a flow, movement, or presence of energy" was 90.2%. This high percentage of "Yes" responses is not overly surprising; a seasoned group of charismatic Christian healthcare professionals would be predicted to endorse such a question. But the item that sustained the highest percentage of "Yes" responses is less obvious to have drawn so many endorsements. Question five asks, "I believe it is desirable to study scientifically the Christian experience of healing energy." The percentage of "Yes" responses was 92.7%. Due to the historical antagonism between religious and scientific communities (Dowd, 1999) this highly positive response to the desirability of studying Christian healing energy scientifically is surprising. Accounting for this, it may be that this group entertains an unusual degree of appreciation for science, perhaps in part due to the scientific underpinnings of the healthcare professions in which they are trained. Overall the data depict a group that experiences Christian healing energy, entertains positive attitudes toward certain non-Christian energy healing systems, values science as a way to explicate pre-modern and secular energy healing systems, and believes that God drives felt sensations of healing energy - just as in the first century.

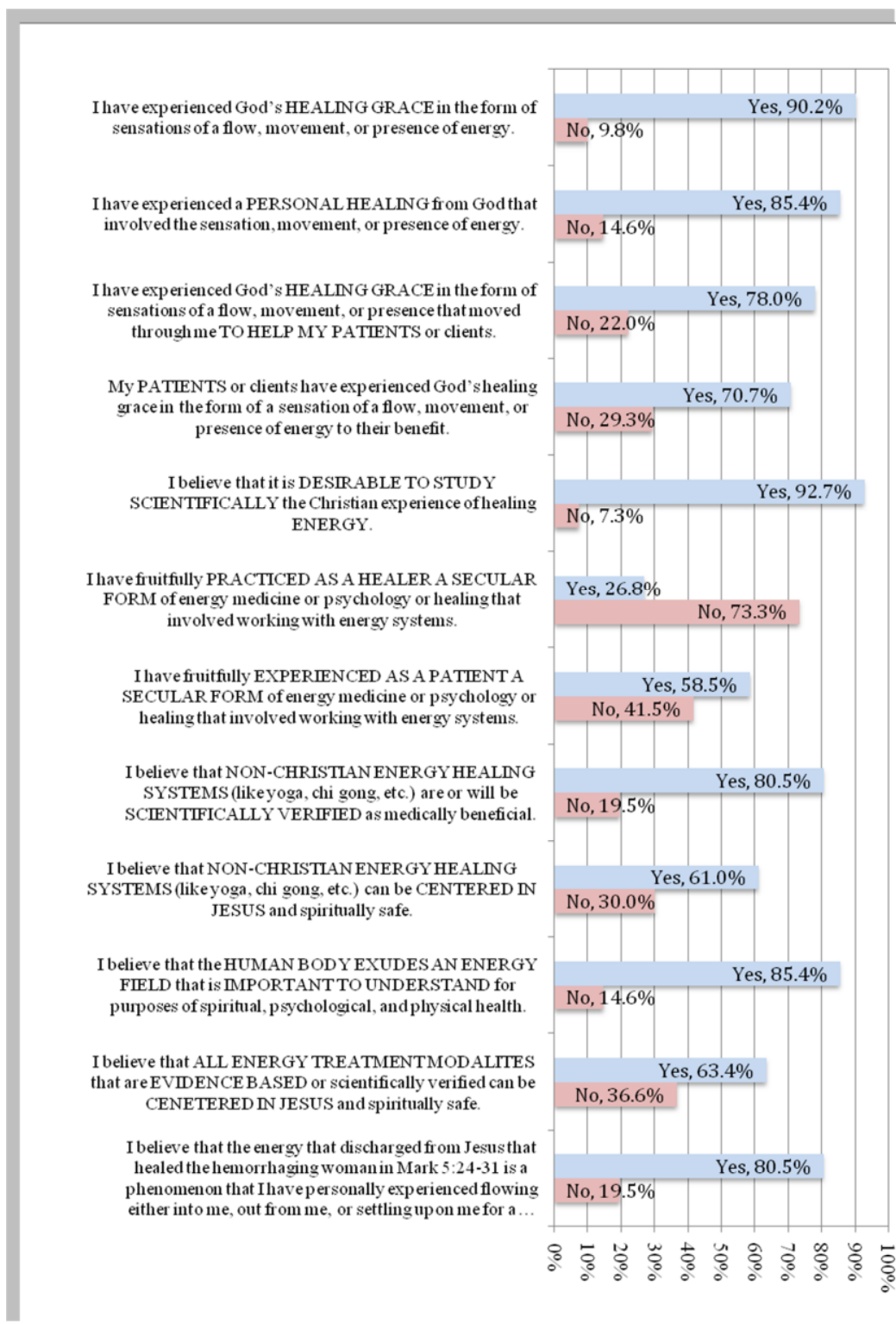
Section 2: Qualitative Analysis

Only written responses from the first five items of the CHES were used in this analysis for several reasons. The items selected were those which most commonly elicited a written response from participants. Also the items selected elicited the most passionate and qualitatively rich responses from participants. It appears that, for a number of participants, these items were quite meaningful. Written responses for subsequent items were simply not as rich. Results from the first five items of the CHES were arranged and analyzed using a qualitative sorting methodology loosely based on Alltride-Stirling (2001). This analysis included reading each of the survey responses for reoccurring themes and then analyzing those themes for interesting findings within those themes.

Feeling Energy: There were a total of 42 accounts of feeling energy while praying, feeling energy while being prayed for, or reports of a client reporting a transmission of energy during a treatment from a provider. The 42 written responses of feeling energy are further explored in terms of physical feeling, emotional feeling, a context marked by intense pain, and directionality of energy flow.

1) ***Physical Feeling:*** Many responses described how healing energy felt physically. While there was significant variation, there were some commonalities. 11 responses, reported feeling energies in their hands. Half of the total accounts ($n = 24$) felt this energy as a flow, while the other half described a non-mobile centralized energy, such as in one's spine or hands. Of the responses that described a centralized feeling, six reports described a sensation where hands were placed on them. Many responses described what the energy felt like ($n = 31$). Of those, the majority ($n = 21$) reported a feeling of warmth or heat. Three reports described an energy that felt like a breeze. There were a few endorsements of visual imagery ($n = 13$). Of these, 6 were identifiable visions, the rest identified a visual imagery, but these were not identified as a person or thing.

2) ***Emotional Feeling:*** 28 responses suggested an emotional feeling. Of these, about a third ($n = 10$) reported a knowing feeling or awareness. A few people ($n = 3$) experienced uncontrolled sobbing and one person reported a feeling of pain. Conversely, 9 people experienced rest.

Table 3 - Survey Results for Items 1 – 12

3) *Context Marked by Intense Pain*: 26 people included the context of their feelings of energy. Of those, the majority reported feeling pain in an intense situation, either physical pain, emotional pain, or bearing witness to what they perceived as intense pain ($n = 18$).

Interestingly, there were no endorsements of an extreme time of happiness or joy.

4) *Directionality of Energy Flow*: Of the 42 written accounts of respondents who felt energy while praying, 12 accounts involved feeling energy while praying for others, and almost an equal number ($n = 14$) explicated an experience of feeling energy while receiving prayer.

Discussion of Qualitative Analysis Results

Despite the idiosyncratic nature of this type of analysis of written responses it offers some level of organization to the large amount of qualitative data contained within the data collection. This analysis established that there were accounts of energy felt while praying, that energy sensations occurred as physical and emotional experiences, and that many respondents mentioned the context of their energy experiences. Regarding contexts, exposure to some type of physical or emotional pain was a predominant theme within that category. This later finding may be accounted for by the fact that healthcare professionals often find themselves in extreme situations; they, their patients, or both endure painful psychological and medical situations, the intensity which would understandably drive a person of faith to call upon God for healing help. For a charismatic Christian healthcare professional, that divine help could be experienced as an energy that addresses the extremes contained in the situation's context.

Section 3: Exploratory Factor Analysis

An exploratory factor analysis (EFA) (Field, 2009) was performed. This analysis uncovers similarities in the way participants respond to given items in a scale. This assists in identifying more powerful variables, as multiple survey items can be combined into one predictor. See Appendix 1 for a detailed description of the factor analysis.

Table 4 shows items that cluster on the same component. This exploratory factor analysis surfaced the coherence of responses to items around three components. Component one represents 29.75 % of the variance, component two represents 19.91 % of the variance, and finally component three represents 12.35 % of variance.

These components might be provisionally named,

1. Degree of beneficial God-centered energy experience,
2. Degree of beneficial secular-scientific energy experience, and
3. Degree of belief in the "centerability" of non-Christian energy practices.

What this indicates is fairly self-evident in the content of the items and demonstrates that respondents in fact were consistent in the way they responded. Responses to items 1-4 and 12 were similar. These items each seem to tap beneficial God-centered energy experience. Responses to items 5-7 were similar. These seem to tap comfort and experience with scientific study and secular energy modalities. And items 8, 9 and 11 were responded to similarly, tapping belief in the potential centering in Jesus of non-Christian and scientifically verified energy modalities.

Table 4 - Summary of EFA results for the Energy Healing Survey**Pattern Matrix^a**

	Component		
	1	2	3
<ul style="list-style-type: none"> • I have experienced HEALING GRACE in the form of sensations of a flow, movement, or presence of energy. • I have experienced PERSONAL HEALING from God that involved the sensation, movement, or presence of energy. • I have experienced God's healing grace in the form of sensations of a flow, movement, or presence that moved through me to help my patients or clients. • My patients or clients have experienced God's healing grace in the form of a sensation of a flow, movement, or presence of energy to their benefit. • I believe that it is desirable to study scientifically the Christian experience of healing energy. • I have fruitfully PRACTICED AS A HEALER a secular form of energy medicine or psychology or healing that involved working with energy systems. • I have fruitfully EXPERIENCED AS A PATIENT a secular form of energy medicine or psychology or healing that involved working with energy systems. • I believe that non-Christian energy healing systems (like yoga, chi gong, etc.) are or will be scientifically verified as medically beneficial. • I believe that non-Christian energy healing systems (like yoga, chi gong, etc.) can be centered in Jesus and spiritually safe. • I believe that the human body exudes an energy field that is important to understand for purposes of spiritual, psychological, and physical health. • I believe that energy treatment modalities that are evidence-based or scientifically verified can be centered in Jesus and spiritually safe. • I believe that energy that discharged from Jesus that healed the hemorrhaging woman in Mark 5:24-31 is a phenomenon that I have personally experienced flowing either into me, out from me, or settling upon me for a healing purpose in God. 	<p>.691</p> <p>.788</p> <p>.830</p> <p>.788</p>	<p>.615</p> <p>.610</p> <p>.810</p> <p>.779</p>	<p>.866</p> <p>.872</p> <p>.559</p>

Extraction Method: Principal Component Analysis.

Rotation Method: Oblimin with Kaiser Normalization.

Section 4: Exploratory Trend Analysis Results

The following analysis was completed in order to determine the extent to which responses to Q 9 were related to responses on the other questions in the survey. Responses were coded as “1” for “Yes” and “2” for “No.” Average totals for Q 9 “Yes” responders and Q 9 “No” responders were calculated for responses to remaining items 1-8. The average response total for Q 9 “Yes” responders was 1.21, whereas the average total for the Q 9 “No” responders was 1.36. This indicated that, overall, those who responded “Yes” to Question number 9 had more responses of “Yes” to the other items (1–8) compared to those who responded “No” to Question number 9.

The Christocentricity Effect

Question number 9 deals with the respondents’ religious imagination and the possibility of Jesus Christ’s central involvement in pre-modern, non-Christian forms of energy healing. It required participants to provide a “Yes” or “No” answer to the following question: “I believe that non-Christian healing systems (like yoga, chi gong, etc.) can be centered in Jesus and spiritually safe.” Regarding responses to Q 9, participants who endorsed the idea that Jesus Christ could be the center of pre-modern, non-Christian forms of energy healing like yoga or chi gong tended to answer “Yes” on the other survey questions. In other words, answering “Yes” to this item tended to predict that this group of respondents would answer “Yes” to items 1-8, all of which were written so that a “Yes” answers demonstrated openness to a particular aspect of energy experience or practice.

One interpretation of this trend is that therapists who can envision Christ as the center - or perhaps Lord - even of non-Christian energy healing techniques may possess a greater openness to experience in general - or a greater openness to energy healing in particular - than those who responded to this item negatively. The ability to center non-Christian energy practices in Christ may promote a sense of safety in positive responders that leaves them more disposed to answer other survey items in the affirmative. Further research is required to understand this phenomenon more fully. It is possible that this group’s ability to center that which is culturally non-Christian in Jesus Christ may lead to greater openness to varieties of energy healing outside of the culturally Christian context. Perhaps this group’s sense of spiritual safety leaves them less cautious or apprehensive than the negative responders. Should this trend be confirmed by further research we propose the term *Christocentricity Effect* to describe the phenomenon. It should be noted, however, that such a *Christocentricity Effect*, the fact that certain persons experience Jesus at the center of non-Christian modalities, should not be conflated with theological truth or with certain spiritual safety.

Conclusions

The Christian Healing Energy Survey (CHES) was administered to a self-selected subgroup of charismatic Christian healthcare professionals from the Association of Christian Therapists. The self-selection of the sample and potential bias of the items makes generalization of results to ACT as a population unwarranted.

The methodology produced survey percentages to forced-choice questions about respondent experiences and attitudes toward energy healing. Many in this group have experienced God-centered healing energy in the context of a variety of therapeutic experiences (Table 3, items 1-4). Data also indicates that the majority of this group is not opposed to the use of non-Christian energy practices like yoga and chi gong (Table 3, items 8 and 9). The group

also tends to welcome the scientific study of this Christian experience of energy healing (Table 3, item 6). Qualitative analysis of written responses confirmed that a number of respondents experience Christian healing energy as a physical and emotional phenomenon and that pain is sometimes involved in the context in which energy experience occurs - perhaps due to the medical and pastoral professions practiced by the respondents. Many responses explicate obviously meaningful, healing experiences that also involved a person of the Holy Trinity.

An exploratory factor analysis surfaced the coherence of responses around three components, provisionally named,

1. Degree of God-centered beneficial energy experience,
2. Degree of secular-scientific beneficial energy experience, and
3. Degree of belief in the “centerability” of non-Christian energy practices.

This latter component, the degree of belief that non-Christian energy practices can be safe and Christ-centered was also noted in the tendency of those who responded “Yes” to Q-9 to also respond “Yes” to items 1-8. Thus in future research we would expect those high on factors one and two to be also high on factor three. This finding suggests a so-called *Christocentricity Effect*. Finding Jesus at the center of it all may leave certain healers more open to other matters related to energy healing phenomenon. However this should not be interpreted as validating the real spiritual safety of their openness. Such a conclusion requires spiritual discernment.

References

- Alltirde-Sterling, J.A. (2001). Thematic networks: an analytic tool for qualitative research. *Qualitative Research*, 1(3), 385-405.
- Dowd, M. (2009). *Thank God for evolution: how the marriage of science and religion will transform your life and our world*. New York, NY: Plume.
- Field, A.P. (2009). *Discovering statistics using SPSS*. London, England: SAGE.

[Click here](#) to enter your comments, reflections
and feedback in response to this article.
We appreciate your input.

Charles Zeiders, PsyD is Clinical Director of Christian Counseling and Therapy Associates of the Main Line and holds privileges in the Department of Psychiatry at Bryn Mawr Hospital of the Main Line Health System, Bryn Mawr, PA. A Postdoctoral Fellow of the University of Pennsylvania’s famous Center for Cognitive Therapy, Dr. Zeiders is a member of the Association of Christian Therapists (ACT) and Emeritus Chair of the Psychotherapists Specialty Group of ACT. He is author of *The Clinical Christ: Scientific and Spiritual Reflections on the Transformative Psychology called Christian Holism*. Dr Zeiders’ practice unifies CBT, Jungian Psychology, Integrative Mental Health, and Christian faith.

Audrey Jean-Jacques is a current graduate student at Eastern University in St. David’s, PA. A Philadelphia native, she graduated with honors from Central High School in 2003, and obtained her BA in Political Science in 2007 from Carleton College in Northfield, MN. Audrey is now studying Clinical Psychology, and is interested in autism research, as well as the interactions between depression, suicidality, and faith-based interventions. She is working with a close friend to create a non-profit organization that ameliorates the issues of depression and suicidality within the African-American faith community.

***Sherira Fernandes, PhD** earned her PhD from the University of Washington. She specializes in the early identification and treatment of Autism Spectrum Disorders in children from minority communities and their families. Sherira's research interests include: inclusion in early childcare, minority student training, and parent coaching. She currently serves as a clinical and research fellow exploring treatment and identification of Autism Spectrum Disorders in urban communities.*

***Douglas W. Schoeninger, Ph.D.** is a clinical psychologist and President of the Institute for Christian Healing in West Chester, PA. He grew up in the American Baptist Church and joined a Presbyterian congregation in 1972, where he was introduced to the baptism of the Holy Spirit and healing prayer. His private psychotherapy practice integrates spirituality and prayer as healing resources and is focused on the healing of persons and relationships within an intergenerational perspective. He graduated from the University of Wisconsin with a PhD in clinical psychology in 1965. Doug studied Client Centered Therapy with Carl Rogers, has extensive training in Contextual Family Therapy with Ivan Nagy and Barbara Krasner, and worked for years with Kenneth McAll, MD in the field of family tree healing. He has been a member of the Association of Christian Therapists (ACT) since 1977, over the years serving as President of ACT, editor of The Journal of Christian Healing, Chair of the Spiritual Life Committee, Chair of the Governance Council, and interim Coordinator of Region 3. He currently coordinates the work of the ACT Healing Manual Team and edits The Journal of Christian Healing.*

Appendix 1: Factor Analysis

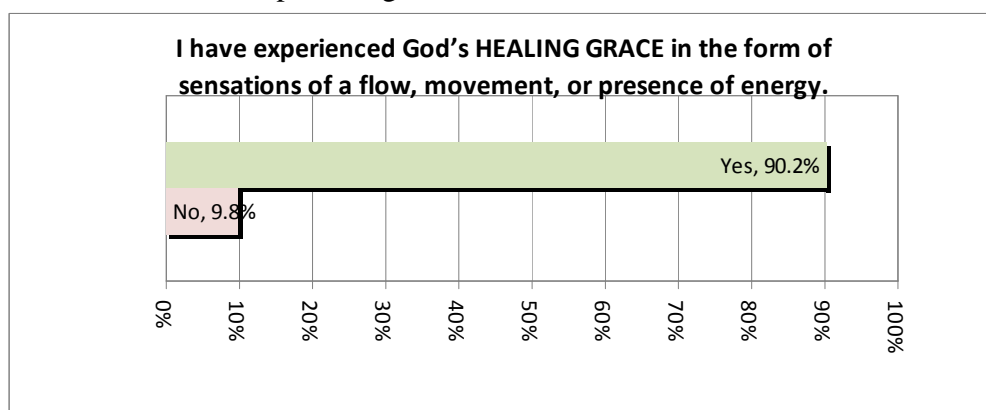
A principal component analysis (PCA) was conducted on the 12 items with an oblique rotation (Direct Oblimin rotation; See Field 2009). Several well recognized criteria for the factorability of a correlation were used. First, it was observed that all of the items significantly correlated with at least one other item suggesting a reasonable factorability. The Kaiser-Meyer-Olkin (KMO) measure verified the sampling adequacy for the analysis, $KMO = .64$, as it was above the recommended value of .6 (Field, 2009). All diagonals of the original anti-image correlation matrix were over .5, supporting the inclusion of each item in the original factor analysis. Finally, the majority of the communalities were all above .50, further confirming that each item shared some common variance with other items. Bartlett's test of sphericity ($191.31 = 66, < .00$), indicated that correlations between items were sufficiently large for a PCA. Given these overall indicators, an exploratory factor analysis was conducted on all 12 items.

An initial analysis was performed to obtain eigen values for each component in the data. Three components had eigenvalues over Kaiser's criterion of one and in combination explained 62.01 % of the variance. Table 4 shows the factor loadings after rotation for those over .40. The items that cluster on the same components suggested that there should be three components. Component one represents 29.75 % of the variance, component two represents 19.91 % of the variance, and finally component three represents 12.35 % of variance.

Appendix 2 - Catalog of the data collection of the CHES

This document makes available the full catalog of the data collection of the Christian Healing Energy. Survey (CHES). The data collection is arranged to provide all forced-choice percentage breakdowns for each survey item, as well as the entirety of text responses that were generated in the study. Special care has been taken to preserve the written responses as they were rendered by the respondents. Included in the collection are the date and time that *SurveyMonkey* logged the respondents' written material. Editorial redactions to the written material are noted in brackets []. Redactions were made to aid the readability of selected responses and to make private otherwise identifying information. Written responses that were brief or non-sequiturs are included in the collection. Taken as an entirety this data collection represents a biopsy of the collective mind of an organization of mature, highly trained Christian healers who serve at the front lines of healthcare. It is believed that this information will be useful to healthcare professionals, medical anthropologists, theologians, and psychologists of religion to further appreciate the phenomenon and phenomenology of the Christian healing energy experience.

Item 1 Forced-choice percentage breakdowns:



All responses to the prompt, "I have experienced God's HEALING GRACE in the form of sensations of a flow, movement, or presence of energy," are as follows:

Feeling warm or goose bumps throughout body. 9/7/2011 2:18 PM

I had a vivid image of Jesus standing beside me when prayed over by an ACT member BSR for healing of a relationship with a parent. 9/2/2011 5:41 PM

Presence of Energy ... When I was having a severe anxiety attack, I felt God's direction and presence ... that was 30 years ago and never had an attack since after many years of this suffering. 8/29/11 2:50PM

There have been a few times when I have experienced God's healing grace: The first time was in 1997. I was angry at God regarding the death of my sister 9 months earlier. In the midst of this anger, while enduring a new and significant disappointment, God made his presence known to me with an all encompassing pure white light and incredible sense of peace ... the peace that passes all understanding. Since that time there have been a number of other times when I have

The Journal of Christian Healing, Volume 29, #1, Spring/Summer, 2013

been blessed with the ability to be graceful in otherwise impossible circumstances. 8/29/11
10:47AM

Yes, I have many times, the sensation of heat increases, my hands become very red. In using
Healing Touch the flow of energy is very strong. 8/28/11 11:04PM

I have never experienced physical healing directly as a result of prayer, i.e., prayer, then an
immediate healing of a physical injury. Therefore, I did not experience the sensation either.
8/27/11 3:49PM

During my very first participation in a 'Healing Mass' at the Canadian conference, as the priest
was praying for healing of the various stages in development of people gathered, I experienced a
deeper connection of my very core with what I knew in my heart as the 'touch of the Divine
Grace' that initiated an uncontrollable sobbing from the depth of my being. I understood this as
the pain of my inner child's awareness of the lack of love from my father. I also experienced a
powerful bonding with God as my Father. 8/26/11 11:05PM

My son when he was nine years old reported a sensation of heat on his spine when people laying
hands on him and praying for his scoliosis. 8/26/11 10:55PM

I have experienced a warm sensation from the hands of a person praying over me. On a separate
occasion, I have felt God's Healing Grace in my neck from Rev. Mumford's hands while he
prayed over me. 8/26/11 8:58PM

In administering the Sacrament of the Sick especially. 8/26/11 4:43PM

I have had the experience of the power of Our Lord Jesus Christ flowing through me both at
times when I have prayed for others and in being prayed for. I have felt the flow through my
hands when praying for others and as heat. I have also felt this flow when being prayed over. I
believe it is the power of the Lord's Holy Spirit working in me. 8/26/11 4:20PM

In the Eucharist and around the Eucharist. In my hands and through the hands of others. 8/26/11
3:48PM

When I had a thrombophlebitis in 1977 and was very frightened about shooting a clot and dying
while raising young children. I went to my first Charismatic Prayer Meeting. Upon being prayed
over I felt my folded hands open and tingle all up my arms, and then I fell in resting in the Spirit
& sensed the person of Jesus was with me. I felt He took me apart, shuffled me up and put back
together in a brand new way & I was no longer afraid of death. Since that wonderful evening
everything in my life has changed. Praise God! 8/18/11 3:22PM

Internal shaking and warm/hot hands. 8/17/11 11:12AM

The defining moment of my knowing, beyond all doubt, the existence of God was a mystical
experience of feeling a tremendous energy, as the sun, and knowing that was what awaits us.

Since then, I have experienced the Resurrection energy/light as moving into my body, as if Christ was moving through me, and other such highly energetic experiences. 8/12/11 6:08PM

I have felt, my husband and I have felt, and have been with others who have felt heat in our hands when we are praying over/with people. 8/10/11 3:09PM

In healing, prayer, peace, etc. 8/9/11 3:59PM

I have felt a feeling, sensation of warmth flooding my entire body. On one occasion it was so overwhelming I felt I could not contain it, felt like waves of energy washing over me. More than I could manage or think I could hold or feel. I was overwhelmed with tears. 8/8/11 7:31PM

I either have audibly or in visions experienced God's healing grace. The flow, the movement was seen with my eyes closed in visions. Now when I pray over people I feel a movement of grace flow out from myself. When I lecture, I sometimes feel the presence of the Holy Spirit in my like electricity to flow outward as I proclaim God's Word. 8/8/11 12:42AM

Sense of peace whereas before was confusion, panic, flashbacks. Felt a fresh breeze sometimes flow over and around me. Other times, an overwhelming sense of peace settling over me which exhibited itself in calmness and closeness to God, the Healer. 8/4/11 10:50PM

Very much when I pray for other's healing. In fact, when I am giving healing workshops or retreats and there are others also praying many people will experience such powerful energy that they will spontaneously rest in the Spirit. Some people later inform me of physical, emotional, relational, intellectual or spiritual healings that took place in them during that time. 8/4/11 9:14PM

In the process of the healing prayer sessions, and the discernment of the problem, i.e. awareness of a long time trauma, emotions can be varied, with crying, anger, and pain, in praying for God's peace I have experience, on a number of occasions, a tremendous outpouring of that peace, that some may consider a most profound, quiet, and a desire to remain in that calm and peaceful state. 8/4/11 6:01PM

In my personal life, I have had very vivid experiences of the presence of Christ though I could see nothing. I believe St. John of the Cross refers to this as an imaginary vision. This is not a common occurrence for me at all. I have had this very vivid experience once and it was so real it was memorable. (Maybe I should say unforgettable!) 8/4/11 5:36PM

It feels like paresthesia, centrifugal, and usually centripetal, sometimes uncomfortable like striking my ulnar nerve accidentally. It is a signal grace having to do with the Healing Presence of the Holy Spirit. The Holy Spirit sometimes chooses to use me as a vessel of His Power to Heal and to Bless. 8/4/11 2:19PM

While in prayer I feel the Holy Spirit - it is an energy. 8/4/11 2:08PM

Sometimes when I'm praying for someone my hands become warm to the person. Sometimes while praying for someone, I sense a "hot spot" somewhere in or on the subject's body and I've learned to ask about that body part. Ex. Praying for a man I didn't know who couldn't forgive his father, I sensed a hot spot in his knee. I asked if he was having trouble there. He was. When I asked Jesus to go to the root of that problem, the man began to cry because the image that came to him was of running away from home at age 11 after his father belittled him (again). Jesus entered that scene, took him (as a little boy) to his father. Somehow the man could see him with the eyes of Jesus and this enabled the man to forgive his father. Wonder of wonders! 8/4/11 1:50PM

In 1987 I attended a week long Healing Conference sponsored by Pecos Benedictine Monastery in Pecos New Mexico. On the last full day of the conference, in the evening, we had a Healing service where different categories of people asked for forgiveness of each other. I volunteered to represent Hispanics with another person representing Anglos and I begin to slob and slob before I could speak, I believe the group of about 250 people was sending their love to me. I felt an energy coming from the bottom of my spine and finally circling around my spine upward and going out through my head. It reminded me of the Bible verse – "Perfect love casts out all fear". 8/4/11 1:21PM

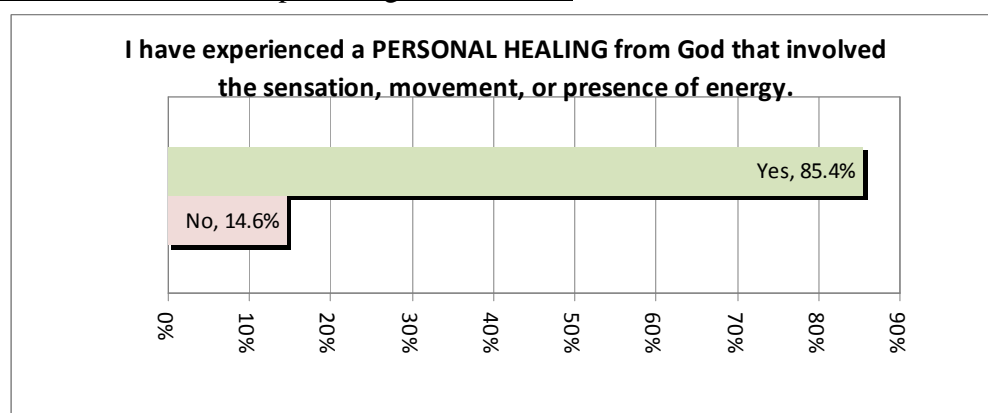
Laying on of hands, intercessory prayer from others to myself as well as feeling this grace in prayer as I prayed for others. 8/4/11 12:31AM

I feel a warmth and almost swirling feeling when the Holy Spirit touches down. Tears are also an indicator and joy within me personally like an affirmation. 8/4/11 11:54AM

I often experience a sense of God's presence almost as a tangible sense surrounding me, and have various times of experiencing a sense of flow. 8/4/11 11:47AM

When praying for others or being prayed over I have felt a flow or movement of energy. I've also experienced heat, and the people I am praying over have stated they feel heat flowing from my hands. 8/4/11 11:27AM

Item 2 Forced-choice percentage breakdowns:



All responses to the prompt, "I have experienced a PERSONAL HEALING from God that involved the sensation, movement, or presence of energy," are as follows:

The Journal of Christian Healing, Volume 29, #1, Spring/Summer, 2013

A lifting of heaviness from body due to depression. 9/7/2011 2:18 PM

I have experienced the resting in the Spirit many times. 9/2/2011 5:41 PM

Same as above. 8/29/11 2:50PM

A sensation of His very presence, His loving arms embracing me, and freedom from painful sorrow. 8/29/11 10:47AM

Yes, I was healed in Mexico at the IC of Mother Wounds of which I had no idea I had. Father Matt & Dennis Linn were speaking & the dam broke. Also another ACT member healed my foot problems that same week-end, feelings of warmth, peace, & joy flooded my entire body. 8/28/11 11:04PM

In times of intense emotional pain, as I have reached out to God, I have experienced a warm gentle yet powerful embrace of a loving energy encircling me from inside out and outside in. I could feel this sensation moving through each cell in my being. 8/26/11 11:05PM

I feel sensation within me sometimes during prayer and one particular time when receiving Holy Communion. 8/26/11 10:55PM

See above. 8/26/11 8:58PM

God has healed me from certain habitual sins when I gave those over to Him. 8/26/11 4:43PM

I have experienced physical, emotional and spiritual healing. At times there has been a tangible sense of God's Spirit moving within me. 8/26/11 4:20PM

Someone else laying hands on me. 8/26/11 3:48PM

The story I shared in the previous answer, as I reflected on what happened to me that night, I recall that I had a deep sense of Jesus being with me, but I could not find words to describe it. From that moment I had a gift of prayer and healing gift. 8/18/11 3:22PM

A knowing ... 8/17/11 11:12AM

I have often experienced the energy from the laying on of hands or the holding of others. I cannot identify a particular healing right now. Recently, right after the death of my father, I was held by a young woman whom I hardly knew, related to me by marriage. I was amazed at the awareness of energy flow in me and the level of comfort and healing grace I received - as if an angel were sent to me. 8/12/11 6:08 PM

Years ago my husband prayed over my neck with laying on of hands. I felt heat and the pain I had been experiencing left. Most recently at the ACT So. Calif. Retreat a number of people prayed over me for healing of pain after surgery for a deviated septum. The pain diminished. 8/10/11 3:09PM

The Journal of Christian Healing, Volume 29, #1, Spring/Summer, 2013

My deepest personal healing have come more from an insight or awareness of a truth. Something that I knew was true in a way I did not know it before. This new knowledge/truth set me free from bondage of beliefs I had thought to be true but were not. I knew with this knowledge that I was loved by God. 8/8/11 7:31PM

After laying on of hands and prayer, notable relief from back pain. 8/8/11 5:49PM

I was clinically depressed severely and I waited until I came to an International ACT conference after, being pray over on 2 separate occasions on two separate days, I was 100 per cent healed from my severe depression. Before the healing I had been suicidal for about 2 months with a plan, which I would not allow myself to act upon, by the grace of God. 8/8/11 12:42AM

Was in a class setting and one of the evening experiences was a Healing Prayer Service. It was being conducted by nurses who had previously completed the class. It consisted of scripture readings, personal prayer, the laying on of hands and anointing with holy oil in a multi-denominational setting. What I felt was a breeze blowing over me and a deep inner calm. The evening was very warm and humid. I felt cool and stopped sweating. It felt like something left my body that night and I was a new person. 8/4/11 10:50PM

Rarely when I am engage in my own personal prayer do I experience anything like the above but it has happened in a few instances. 8/4/11 9:14PM

I am 80 yrs old. My prayer life is very contemplative, it is not unusual for me to experience the presence of God, sometimes momentarily, at other times a prolonged presence. It usually begins unexpectedly with a tightness in the chest, breathing almost suspended, sometimes muscular contractions, and uncontrolled soft tears, always followed by a period of the most serene sense of love and peace. 8/4/11 6:01PM

It was a healing of depression. 8/4/11 2:19PM

I have had physical illness heal. I had to not have further treatment for thyroid cancer due to healing. Emotional healing also has occurred. 8/4/11 2:08PM

After a fall that crushed several vertebrae, I was unable to move. After being in traction and it extreme pain for 3 days, unbeknownst to me, group began to pray for me. I became aware of a sensation that began at my feet (a warmth) and slowly moved up my body. It felt as though a quilt or comforter was being pulled up. I could not move or look down since I was strapped on my back, but suddenly all pain was gone and I felt complete peace. It wasn't until later that day that I was told that that is when the group was praying for me. That was 25 years ago and I've never had a problem with my back since. 8/4/11 1:50PM

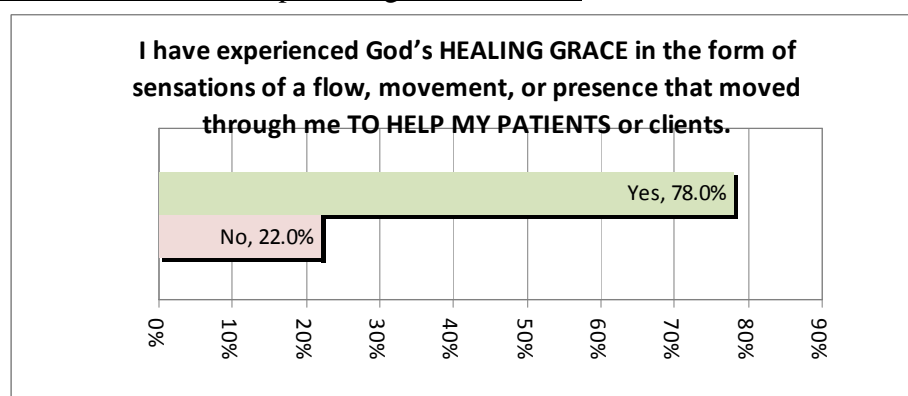
At healing services I have felt the presence of the Holy Spirit and healing taking place. The energy in the room had changed especially with the singing of Praise music to the Lord. 8/4/11 1:21PM

See pictures in my mind, feel joy and tears and a peaceful warmth ... sometimes a feeling of being out of myself ... lifted up. 8/4/11 11:54AM

I received prayer for healing a headache and had both a strong sense of God's presence, and a physical sensation of the muscles causing it being relaxed. 8/4/11 11:47AM

Same as above. Following the prayer I will be free of physical pain, or relieved of emotional pain with a great sense of freedom and joy. 8/4/11 11:27AM

Item 3 Forced-choice percentage breakdowns:



All responses to the prompt, "I have experienced God's healing grace in the form of sensations of a flow, movement, or presence that moved through me to help my patients or clients," are as follows:

Warmth through hands and body. 9/7/2011 2:18 PM

I felt a flow of warmth going through my hands. 9/2/2011 5:41 PM

Sensation of a flow. When carrying for a patient in private care the patient asked me what I was reading ... (I was reading scripture) When I answered her, I heard my voice but I didn't use my words. I felt that God was speaking through my body. This patient was away from God and I witnessed her return to Him, within moments of the event. 8/29/2011 2:50 PM

Yes!! I never enter a room to see a client unless I have prayed first. I pray for the client, for healing for the client and for me to be a vessel through which God's healing love can flow. I have often walked in to the room unprepared in terms of the "academics" involved in the problem, not knowing "what I would say", but knowing full well that God is the ultimate healer here, and indeed the words come, grace and peace reign. 8/29/2011 10:47 AM

Yes, in dealing with specifics concerns of persons specific areas showed increased heat, some a stagnation for a period of time, soaking prayer & hands on released the area of the congestion. 8/28/2011 11:04 PM

Not applicable since I am an associate member and therefore have neither clients nor patients. 8/27/2011 3:49 PM

The Journal of Christian Healing, Volume 29, #1, Spring/Summer, 2013

It has not been reported to me; but I have never asked. 8/26/2011 10:55 PM

While praying for a patient and the surgeon operating on him, I could feel God's Healing Love in the room with us. They were not aware I was praying. 8/26/2011 8:58 PM

In the Sacrament of Reconciliation, I've spoken about my experience of God healing me when I've given my sins over to Him in desperation. 8/26/2011 4:43 PM

As explained above at times when I pray with people I feel heat in my hands, at times the sense of energy and the presence of Our Lord Jesus Christ. 8/26/2011 4:20 PM

Ever since I was baptized in the Holy Spirit that night of Feb. 1977, I have prayed for many people that has helped them tremendously, by praying on them using blessed prayer oil. I did many workshops & retreats on a variety of spiritual and addictive tours, along with working as primary day nurse @ a state run 20 bed detox unit. I prayed for many of my clients there. Sometimes I do not sense a presence or a flow, but I have found that was not necessarily an occurrence, and people still felt peace and healing. Sometimes my hands got very hot or I just got hot in general. 8/18/2011 3:22 PM

I am not a high body awareness person, so I am mainly sensitive to this through emotional connectedness, where I deeply share in their experience of grace in the moment and they are aware of my being in it with them. It is as if we are resonating together and comprehending the significance of the moment. 8/12/2011 6:08 PM

One time I was asked to pray over a man waiting to have an angiogram (after I had prayed over the paramedic who had brought him in and was obviously experiencing back pain himself). The second paramedic then asked me to pray over his legs. There was a presence in the room that compelled me to offer these SILENT prayers with laying on of hands. I was praying with a nurse who was struggling with her vocation, had spontaneously said, "You have holy hands" and the choir at the conference started singing "These are holy hands". We both started crying. 8/10/2011 3:09 PM

Often, just small surge of flow and visions of grace in action is what usually occurs when I pray over people after a Charismatic prayer service. 8/8/2011 12:42 AM

I work with clients who are elderly and need help managing at home to stay out of the nursing home and fresh surgical clients who have complex needs. I have experienced knowledge and understanding which have allowed me to know to ask certain questions or in knowing a cultural/familial need that was not previously stated by the client. Sometimes, it is concept, need, desire that they have not allowed themselves to know or be able to voice themselves. During these times, I again feel the fresh breeze or a calmness that leads to a new understanding/question about the reason I have been asked by the medical community to come to the home. At other times, when my job is to care for the dying along with family members, I have sensed the presence of God being very close to the client physically, seen the white light

and the angels who are there to help guide the client along the road to heaven at the moment of death. 8/4/2011 10:50 PM

Yes and this has been happening since the late 60's. 8/4/2011 9:14 PM

Yes this experience usually was the result of an awareness of the pain of the individual, that could bring me to tears, and the knowledge helps me discern and be aware of how I perceive the Lord is moving in this individual. 8/4/2011 6:01 PM

A few times in therapy (I am a clinical social worker operating a private practice that is part of the Jesuit Institute for Family Life International Network, so I'm coming from a Catholic tradition) I have felt a sense of "synchronicity" with a client and have had an insight that I believe came from the Holy Spirit. Again, this is not too common, but has happened a few times. To me this feeling is like a sense of "flow" with my client, and a sudden sense of insight that feels like it didn't come from me. 8/4/2011 5:36 PM

See example below. 8/4/2011 3:39 PM

Again, it is a signal grace having to do with God's power being present in a special way. 8/4/2011 2:19 PM

Using prayer to help others forgive. 8/4/2011 2:08 PM

Explained in the other responses. 8/4/2011 1:50 PM

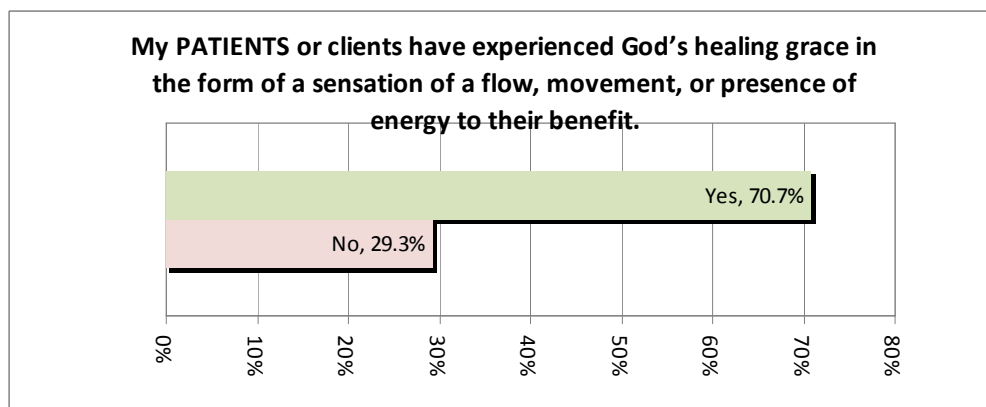
When I have prayed over people many times I could feel heat in my hands. I prayed for a very sick child about 6 years old as we were waiting for someone to open up a locked car door out in the street. I felt the Holy Spirit moving through my hands. I did not even know her name and continue to pray for her. 8/4/2011 1:21 PM

Usually word of knowledge and wisdom from the Holy Spirit guiding the therapy sessions in which the client confirmed or the treatment approach I selected left the client feeling physically unburdened. 8/4/2011 12:31 AM

Same as above. 8/4/2011 11:54 AM

This has usually been in a more general sense of God's presence surrounding us, or a sense of Christ's presence being very close. 8/4/2011 11:47 AM

This is true especially when prayer included a laying on of hands; however, I have also sensed a flow of electricity or water over a client I am praying for without laying on of hands. 8/4/2011 11:27 AM

Item 4 Forced-choice percentage breakdowns:

All responses to the prompt, “My patients or clients have experienced God’s healing grace in the form of a sensation of a flow, movement, or presence of energy to their benefit,” are as follows:

A sense of relief/peace. 9/7/2011 2:18 PM

Some have felt warmth. 9/2/2011 5:41 PM

Same as above I believe, the patient felt presence as she embraced her, and said Oh I feel God, I feel God!! 8/29/2011 2:50 PM

Some of my clients have reported feelings of “inexplicable” peace sometimes during, or after a session. 8/29/2011 10:47 AM

The best way to explain this is I teach Mind, Body, & Spirit relaxation at some facilities. I have one of the workers come up and I ask permission to touch them I do a Mind Clearance & explain to all as I am doing this. The residents notice the reaction & relaxation that takes place & volunteer to try. They enjoy the peace, relaxation that takes place. 8/28/2011 11:04 PM

Not applicable (same reason as 4). 8/27/2011 3:49 PM

Same as above. 8/26/2011 10:55 PM

I have not had the opportunity to ask them. 8/26/2011 8:58 PM

Some of those who have celebrated the Sacrament of Reconciliation with me have shared how God has intervened to heal their sinfulness. 8/26/2011 4:43 PM

I have had clients ask for prayer over them and the above manifestation has occurred. 8/26/2011 4:20 PM

The clients I have prayed with because I offered it or they requested it, found that they felt much better than when they first arrived in my office. Sometimes clients have told me they experienced something after they left my office on their next visit. 8/18/2011 3:22 PM

The Journal of Christian Healing, Volume 29, #1, Spring/Summer, 2013

While I can be quite certain that this has happened, I have not been tuned in enough to bring it up with that language very often. 8/12/2011 6:08 PM

See above. 8/10/2011 3:09 PM

I am not aware of this. People I have prayed with often tell me they feel sense of peace, but I have never had feedback of a physical healing. Using Theophostic people have told me they were set free from lies and that that provided emotional healing. No one reported feeling a flow or movement, just an insight or awareness of truth. 8/8/2011 7:31 PM

Yes, I sometimes ask those I pray over how they feel. They might say, very peaceful, less pain, no pain, feel healed. 8/8/2011 12:42 AM

Two comments are frequently stated by families or clients to me: When I look at you, I see Jesus right there or I see the angels when you come. There are a couple of families who call me God's nurse. 8/4/2011 10:50 PM

Unsure. 8/4/2011 8:05 PM

As I explained in a previous question, the profound presence of peace leaves a lasting effect upon the individual that is affirming and reassuring when recalled. 8/4/2011 6:01 PM

In my experience I've heard stories from client regarding insights, answers to prayers, sense of presence, etc. that they have found helpful and believe were from God. 8/4/2011 5:36 PM

See example below. 8/4/2011 3:39 PM

If it has happened, I don't know about it. 8/4/2011 2:19 PM

Some have reported this for emotional healing. 8/4/2011 2:08 PM

Yesterday I prayed for a woman who had bumped her head 3 days before and still had a constant headache. I asked Jesus to send and blood that had gathered there back to where it belonged and heal any cells that were out of harmony. Sometimes I am surprised at what I say and wonder if it is medically 'correct,' but I have the assurance that Jesus knows what I mean as I use words to describe the impressions that come to me and He knows exactly what to do. She called that evening to tell me the pressure drained while I was laying hands on her head and was gone. She was feeling well. I suggested she see her doctor to see if there was anything that needed to be checked. 8/4/2011 1:50 PM

Clients have told me that they felt the energy of the Holy Spirit. I attend a weekly prayer meeting and have the opportunity to pray over others. Many start to relax as soon as the praying starts and report back the release of pain. 8/4/2011 1:21 PM

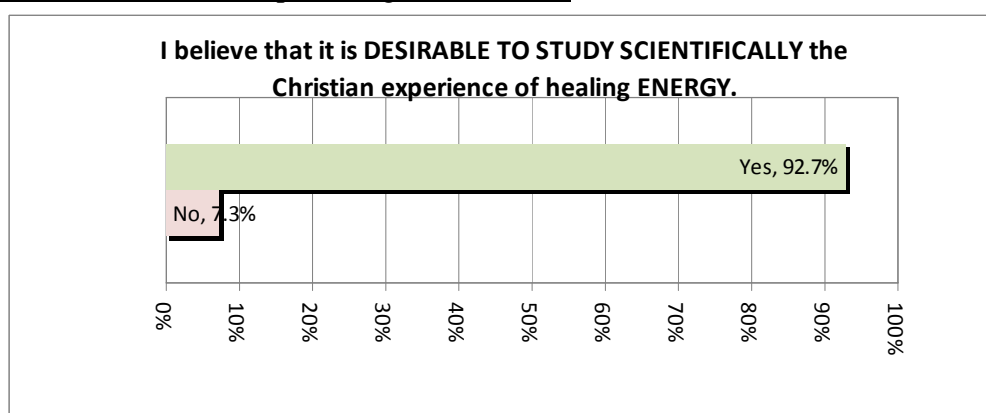
They reported a change in negative emotions like sadness, anger, fear changing to positive emotional states of joy, forgiveness, and peace. Also their negative perceptions changed to embrace more positive thoughts about the issue. 8/4/2011 12:31 AM

There are positive remarks, or just calmness. Pain is often relieved and anxiety lessened. Words cannot always be found, but there is peace. 8/4/2011 11:54 AM

I'm not totally sure. 8/4/2011 11:47 AM

Clients have reported heat and a sense of release and joy following healing prayer. 8/4/2011 11:27 AM

Item 5 Forced-choice percentage breakdowns:



All responses to the prompt, “I believe that it is desirable to study scientifically the Christian experience of healing energy,” are as follows:

For the purposes of documenting that prayer really works. 9/7/2011 2:18 PM

Yes, because there is Energy!! I think the more we know about this the better we become in praying for Healing. 8/29/2011 2:50 PM

We seem to live in a world that values scientific study, and so the Christian experience of healing would most likely gain credibility. 8/29/2011 10:47 AM

Yes, certain ones. It has been proven many of the healing energy field's help and the MRI equipment has proven this in looking at the brain while specific treatments are performed. 8/28/2011 11:04 PM

Back in 1979 Fr. McNutt suggested that I and another ACT member (sport psychologist now a priest), start a research group looking into this subject. We unfortunately never pursued it. I highly welcome it. 8/27/2011 3:49 PM

For me personally I do not find it necessary. I do not need proof for faith. On the other hand, I am very happy that Christians are able to give intelligent, scientific answers to these questions. 8/26/2011 8:58 PM

The Journal of Christian Healing, Volume 29, #1, Spring/Summer, 2013

We're both physical and spiritual beings. If science can help to understand how the physical and spiritual work together, that would be great. 8/26/2011 4:43 PM

Not really. Man's validation does not make God's work any more real. We as Christians are called to walk by faith. If somehow this study would further the kingdom then yes. 8/26/2011 4:20 PM

I am interested in that. I do feel concerned that many people who come to services seeking prayer are looking for some magic. People forcing themselves to rest in the Spirit, and thru Jesus that is not what is to be strived for. There are a lot of New Age things out there that might seem similar. people are looking for help with whatever their problem is, they often want a quick fix, and they lose Jesus along the way, It is important that people realize we are a conduit as prayer ministers of Jesus, the Christ; we are not new age and we are not fixers of magic. God is not a cosmic candy machine in the sky, where we, the people, can toss in our request and expect what that what we want & believe how things should occur. People need to realize that God will filter our desires, especially if our expectations are not His will for us, or what we hope for may cause more bad then good. 8/18/2011 3:22 PM

Absolutely! Energy gives us a whole new way of understanding the nature of God and healing. If God is Love . . . what exactly IS that?? 8/12/2011 6:08 PM

So that a clear difference can be made between Godly healing versus healing from the evil one, which doesn't heal for very long or it entraps the person. 8/8/2011 12:42 AM

Much work in being done from the secular perspective and being published. It is these authors who are speaking out at conferences and get-togethers. When nurses, or other professions, who need continuing education hours listen to only one perspective, they don't have the question laid out or stated to them about including the spiritual aspect. We need to do our own research, compare it to other research done and draw scientific conclusions about how the Christian experience can bring healing to our clients and loved ones. The next step then, is going out 2 by 2 as in the gospels and proclaiming this Good News to all who can gather and listen. What this research project is doing is the groundwork for us to go out and speak on the Christian experience. 8/4/2011 10:50 PM

Be careful in identifying "Christian" there is but one God and there are several creator experiences of healing. 8/4/2011 8:05 PM

If for no other reason than to become more aware of the power that is available for Christian Therapists in their practice. 8/4/2011 6:01 PM

I would like to see methodologically sound studies with control groups, and rigorous analysis documenting whether this occurs and also identifying variables that are correlated with this experience. 8/4/2011 5:36 PM

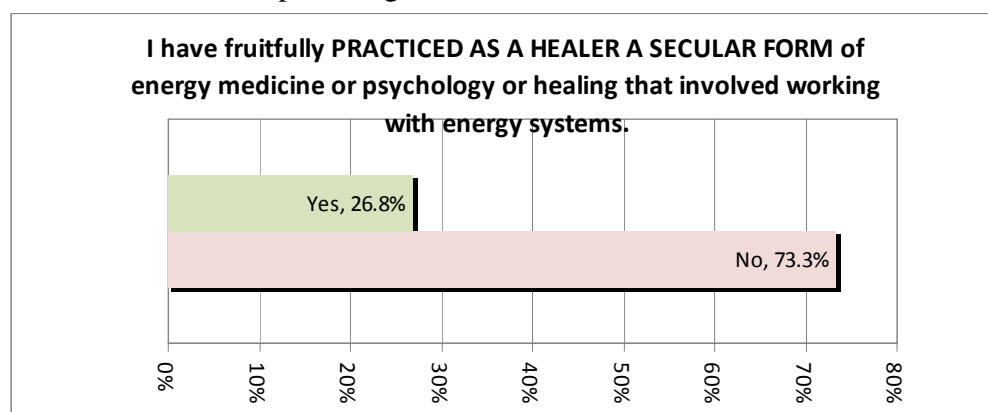
I have been a retreat leader (speaker and facilitator) for 40 years, and for many of those years, various Protestant denominations seemed ‘spooked’ by the word “energy”, like it wasn’t “Christian.” I would be accused as being “New Age” (like it was a disease) so I felt I had to be careful about saying it. But people have become much more open to words like that now. Yes, let’s bring it out in the open! 8/4/2011 1:50 PM

Some research has gone on in regard to the benefits of praying and being prayed for. I definitely think this research should continue. 8/4/2011 1:21 PM

LeShan has studied this in a scientific method without the Christian emphasis ... 8/4/2011 11:54 AM

Scientific studies help to take the emotionality out of healing prayer reports and open the opportunity to witness God’s love and grace to non-believers. 8/4/2011 11:27 AM

Item 6 Forced-choice percentage breakdowns:



All responses to the prompt, “I have fruitfully PRACTICED AS A HEALER a secular form of energy medicine or psychology or healing that involved working with energy systems,” are as follows:

I believe all Christian healing must be sanctioned by Jesus Christ. i.e.: Centering Prayer, Laying on hands. 9/7/2011 2:18 PM

I studied therapeutic touch and used it on occasion. 9/2/2011 5:41 PM

Never had the chance to do so. 8/29/2011 2:50 PM

I have used the healing Touch Methods but with great prayer & speaking to Jesus. Asking the guidance of the Holy Spirit. 8/28/2011 11:04 PM

Not applicable again. 8/27/2011 3:49 PM

As a Christian I am called to not mix spiritual modalities. I rely only on what comes from Christ. 8/26/2011 4:20 PM

The Journal of Christian Healing, Volume 29, #1, Spring/Summer, 2013

Not really! I have experienced much thru the Lord. I have not taken any courses on Energy work.
8/18/2011 3:22 PM

God is the healer 8/17/2011 11:12 AM

When my husband and I were in private practice as LMFTs when one of our clients was struggling one of us would be talking, the other would have a hand on the person's shoulder, arm, etc. and would be praying in silence in tongues. Our situation did not allow us to seek feedback at those times. 8/10/2011 3:09 PM

Massage, aura balancing. 8/9/2011 3:59 PM

I think my answer should be no here because I don't use secular energy medicine. My practice is Christ centered even though I am not allowed to openly speak about it, mention that I pray over the meds I set up to they will do the work their inventions were created for with minimal side effects, say a prayer for the client as I complete the health assessment and try to emulate a calm, positive demeanor. 8/4/2011 10:50 PM

I haven't felt the need to explore this. 8/4/2011 9:14 PM

Other than healing prayers. 8/4/2011 6:01 PM

This would be detrimental to at least some of the patients. 8/4/2011 2:19 PM

Breath work and yoga and prayer. 8/4/2011 2:08 PM

Only as a layperson with 40 years of experience and seeing the results by being able to track the people who felt changed by a prayer time or meditation experience. 8/4/2011 1:50 PM

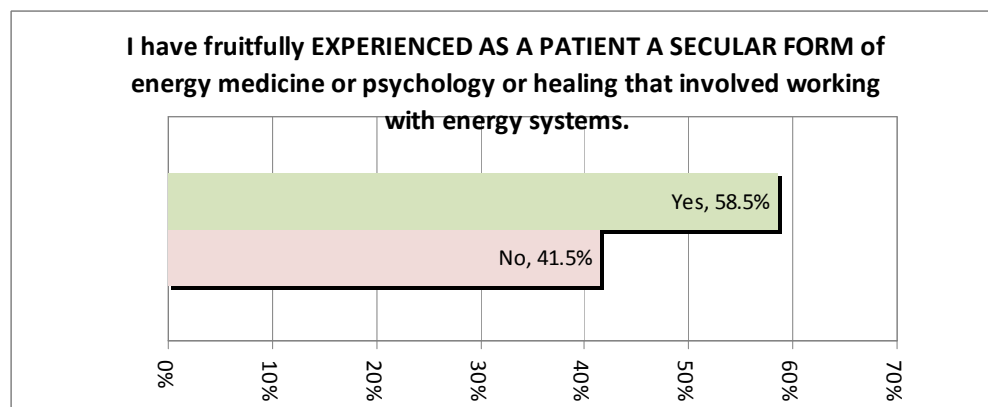
I have taken classes in Healing Touch. I find it beneficial to many people. I continue to learn how to use my hands to facilitate the healing process. I usually pray when I am doing Healing Touch. 8/4/2011 1:21 PM

EMDR, Emotional Freedom Healing. 8/4/2011 12:31 AM

Therapeutic touch, massage, meditation in Ecumenical environments ... or non theistic places.
8/4/2011 11:54 AM

I have only worked in prayer. 8/4/2011 11:27 AM

Item 7 Forced-choice percentage breakdowns:



All responses to the prompt, “I have fruitfully EXPERIENCED AS A PATIENT a secular form of energy medicine or psychology or healing that involved working with energy systems,” are as follows:

I would reject any type of energy that might leave me open or vulnerable to something other than the Holy Spirit. 9/7/2011 2:18 PM

I experienced acupuncture and felt a surge of energy flow from one side of my body to the other balancing my energies and healing the unwell feelings I was having that western medicine could not help. 9/2/2011 5:41 PM

When I had cancer surgery, a friend of mine, told me before time that she was going to send me healing light and energy. She was going to think of me while I was in surgery. (She is also a Christian). 8/29/2011 2:50 PM

Massage therapy, Cranial-Sacral treatments. 8/28/2011 11:04 PM

My wife does work in non-traditional modalities that would include secular energy healing, and has occasionally worked on sprains or minor injuries. I could say that healing did take place but I also took Aleve as well. 8/27/2011 3:49 PM

Not fruitfully ... I literally have run screaming from otherwise wonderful massages for no apparent reason. This has happened to me twice with two different practitioners. One was a Christian who could see colors and auras around you. The other one was a massage therapist working for Massage Envy. There was no talk of the Lord or prayer of any kind involved. 8/26/2011 8:58 PM

For allergy treatment and sensitivities. 8/26/2011 3:48 PM

I have experienced acupressure & acupuncture with much help. I went to one woman who did Reiki, however she was all over the place. Couldn't get out of there quickly enough. I do not feel comfortable regarding the deepest training of Reiki as I have been advised that they channel a spirit guide. I have had experience with spirits not of God, and I think when people are invested in 3rd level Reiki and spirit guides, they do not know what they are bringing into our body, mind

The Journal of Christian Healing, Volume 29, #1, Spring/Summer, 2013

& spirit. Naturally, not all energy is bad, however people need to understand what they are dabbling in some very negative situations. Discernment needs to be respected and used. Not all that seems good is from God. 8/18/2011 3:22 PM

I worked with a program using sounds that I found very beneficial when I was quite sick. 8/12/2011 6:08 PM

See # 3. 8/10/2011 3:09 PM

See above. 8/9/2011 3:59 PM

If acupuncture counts. 8/8/2011 7:31 PM

Once, a therapist had me do a guided imagery session where I imagined healing was occurring in a particular part of the body where I was actively feeling lots of pain. When I did the exercise, the pain immediately left and I felt no pain for many months later. 8/8/2011 12:42 AM

What I have experienced in the last year is completely the opposite. Neither Christian nor a secular form of healing energy was put forth by the physicians, nursing or support staff that cared for me. It was so bad at one time that I asked to see a priest and have him pray a prayer of protection around me and whatever room I was in. Upon reflection now, it was then that I went from dying to surviving and when I left that institution for another, was able to start attempting to begin living. I was able to begin feeble attempts to get better and my behavior changed a little. I've had surgery in the other hospital as well and the staff demeanor was not that bad but I didn't experience even a secular energy form. 8/4/2011 10:50 PM

Therapeutic Massage therapy in a prone position, requiring relaxation for muscular tension, the massage therapists, who is Christian, gently massages the area and combines it with healing prayers. 8/4/2011 6:01 PM

Years ago, after a painful divorce, I was extremely depressed. I had trouble eating and sleeping, though I continued to function professionally and socially. I may have hid what I felt and functioned in spite of it, but I experienced profound anergia and anhedonia. I went to a Reiki practitioner and she worked on my "energy" after telling me I was very sad. (I didn't tell her - she claims she "felt" it in my "energy.") During the session I did have the sense of a flow of energy and afterwards I felt remarkably lighter. I had not expected my depression to lift so suddenly and so completely. I never felt depressed like that again. 8/4/2011 5:36 PM

Acupuncture, homeopathy, Alex Lloyd's Healing Codes, releasing (Sedona Method, Release Technique). 8/4/2011 4:34 PM

I have participated in an energy balancing session with a trained therapist but did not experience any notable sensations at the time. At another time I experienced a profound sensation of energy flowing through my body during a deep tissue massage. 8/4/2011 3:39 PM

I wouldn't allow it. 8/4/2011 2:19 PM

The Journal of Christian Healing, Volume 29, #1, Spring/Summer, 2013

Breathe work; yoga; acupuncture; prayer. 8/4/2011 2:08 PM

I have been prayed for by some who worked with energy fields and have experience renewed vitality and freedom of movement. 8/4/2011 1:50 PM

I have been a recipient of Healing Touch and find it beneficial. It helped me push away blockage that prevented me from living my life. 8/4/2011 1:21 PM

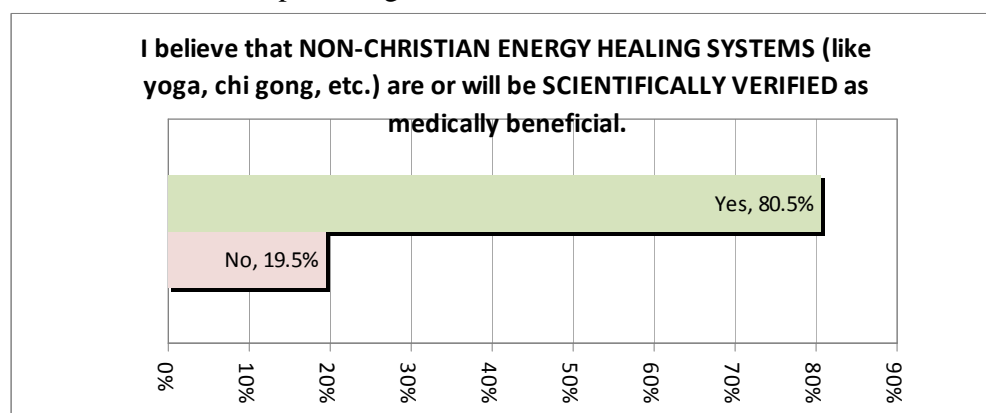
I was not fully informed that the massage therapist was utilizing Reiki during the session which resulted in 4 years of physical pain. 8/4/2011 12:31 AM

I have experienced healing as a participant ... and have sought help, but have not required healing as a “patient” directly. I do ask for prayer and intentional healing from others and have received healing. 8/4/2011 11:54 AM

I receive care from a certified massage therapist who is also certified in Reiki, and it has been very fruitful. 8/4/2011 11:47 AM

I have worked as a patient with naturopathic doctors who used energy systems which helped me greatly with physical problems. 8/4/2011 11:27 AM

Item 8 Forced-choice percentage breakdowns:



All responses to the prompt, “I believe that non-Christian energy healing systems (like yoga, chi gong, etc.) are or will be scientifically verified as medically beneficial,” are as follows:

I do believe clients must do what works for them and I do not discourage their healing, whether I believe this way or not. 9/7/2011 2:18 PM

I cannot speak for all since I am not that familiar with them. 9/2/2011 5:41 PM

I saw and witnessed my own sibling gain strength and become more centered while in a class of Tai Chi. She was Mentally Ill and days after this class she didn’t hear voices and was calmer. This class was held every two weeks in the Nursing home, and she looked forward to it. “It helps my Thoughts.” 8/29/2011 2:50 PM

The Journal of Christian Healing, Volume 29, #1, Spring/Summer, 2013

I practiced yoga for @ 2 years, and used it as a quiet time to pray, meditate and spend time with Jesus. I felt very good. I walk regularly now, with many of the same benefits. 8/29/2011 10:47 AM

Yes, I will never use Reiki. I know of certain people who had adverse reactions. I am Roman Catholic and observe my church teachings. 8/28/2011 11:04 PM

If they work, then there is a basis to them. 8/27/2011 3:49 PM

All Healing comes from God whether we acknowledge Him or not. I believe the enemy can be cleverly disguised as light so we must be careful. These are just my feelings, nothing that can be proven. 8/26/2011 8:58 PM

Possibly. 8/26/2011 4:43 PM

They may be medically beneficial but the question is still out regarding spiritual flow. I am not convinced we should be using them. 8/26/2011 4:20 PM

I don't know. 8/26/2011 3:48 PM

I have experienced Tai Chi. I find some people call oriental movements to be "New Age." For example, just because something is out of our realm or of another culture does not mean it is necessarily New Age. I find some of the oriental practices seem quite quiet, balancing, and helpful. It is very probably that God could have given the oriental people some of these interventions just as He has opened our eyes and ears to what he has opened up in our Medical interventions. 8/18/2011 3:22 PM

God is the healer. 8/17/2011 11:12 AM

The relaxation benefits alone are already evident. 8/12/2011 6:08 PM

I have no experiences with these. 8/10/2011 3:09 PM

For now I am cautious and conservative. It yoga and chi gong led to demonic influences, I will continue to not support the use of those two methods. My bottom line is that they have to be Godly energy. 8/8/2011 12:42 AM

They may be. Non-Christian healing systems leave me with a sense of inner confusion, mixed energies that are unable to be positively expressed, a headache. I feel that one must believe in or have a desire to know this type of energy healing systems. The work of Dolores Krieger was studied specifically in one of my professional, advanced degree classes. I felt it did not allow me to experience the God I know and had a sick to my stomach feeling each time this work was discussed/presented. I know that these systems are available to individuals and groups but I choose not to participate and will refer the individuals or groups to another provider for this type of experience. 8/4/2011 10:50 PM

The Journal of Christian Healing, Volume 29, #1, Spring/Summer, 2013

Wherever there is goodness, love and truth God is present so why not have healing taking place there as well as in Christian prayer? God is the Source of Love, Goodness and Truth wherever it is found, let's not be narrow. 8/4/2011 9:14 PM

I believe that many of these healing forms are ancient forms of medicine; even Jesus could have been considered a Shaman when He put mud and spittle on the blind man's eyes. The world at large is looking for all forms of healing; my only concern is that the individual be aware of the source of energy flow and the mind control. 8/4/2011 6:01 PM

I have a bad back (two disk injuries) and I have been successful with physical therapy. I find yoga stretching very helpful and I concentrate on painful areas and "breathe" into them during yoga and imagine them relaxing and the pain vanishing. It does help and people are surprised I've done so well post injury. This is my pain management protocol and I find it very effective. I have also benefitted from acupuncture and right now my father is undergoing acupuncture post stroke. Research does show it can help repair the nerve damage and he is feeling much better thanks to the treatment. 8/4/2011 5:36 PM

God protects drunks and little children, and God is merciful and generous. It doesn't prove that it is all healthy though. Scientific verification is often a delusion. It depends a lot on who is doing the study and what are their beliefs and what is their agenda. 8/4/2011 2:19 PM

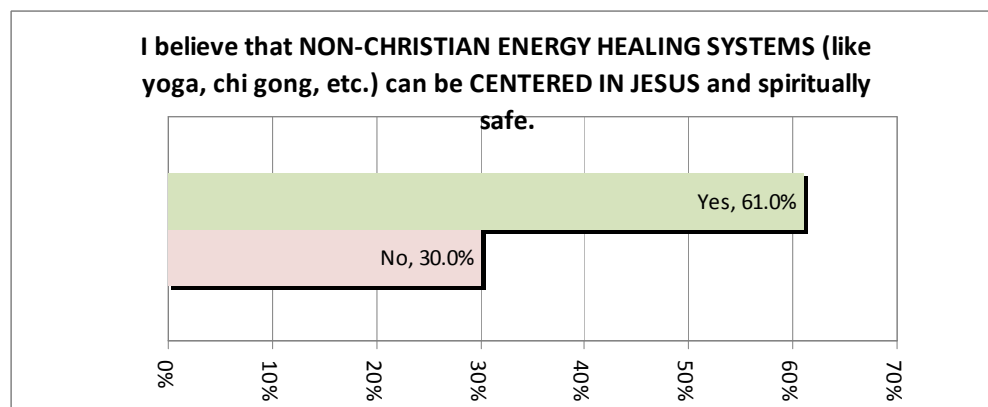
I've seen things moving in that direction. Thirty-five years ago while speaking to a group of nurses about communication (with their patients), I talked about the healing power of touch, which none had heard of at that time. I had them get into small groups and experiment with touching someone and "thinking good thoughts" about that person. They were amazed. A few years later, I saw in their college catalog that there were now classes on Healing Touch. I believe we are moving in that direction. 8/4/2011 1:50 PM

I have taken yoga, tai chi, chi gong and have found them all beneficial. 8/4/2011 1:21 PM

They already are. 8/4/2011 12:31 AM

There are many practitioners who are effective when intentions are loving and healing ... I have experienced the opposite as well. 8/4/2011 11:54 AM

Don't know. 8/4/2011 11:27 AM

Item 9 Forced-choice percentage breakdowns:

All responses to the prompt, “I believe that non-Christian energy healing systems (like yoga, chi gong, etc.) can be centered in Jesus and spiritually safe,” are as follows:

Some Christian friends of mine use a prayer of protection and do center their yoga in Jesus Christ. However, I would be uncomfortable in a group setting that doesn’t believe that way.
9/7/2011 2:18 PM

Jesus makes all things new. 9/2/2011 5:41 PM

I read Henri Nouwen and Thomas Merton, I always felt they would like to speak about other Healing Energies but were concerned about the big guys in ROME. (I’m RC). 8/29/2011 2:50 PM

My yoga practice was centered on Jesus, and I grew closer to him. 8/29/2011 10:47 AM

Be very careful. 8/28/2011 11:04 PM

I do not worry about Jesus. He is big enough to take care of Himself. 8/27/2011 3:49 PM

I do not know. 8/26/2011 11:05 PM

Just lay on hands and pray as Jesus and the apostles prayed. 8/26/2011 10:55 PM

I believe they can be centered in Jesus. I do not know if they can be “spiritually safe.” 8/26/2011 8:58 PM

Possibly. 8/26/2011 4:43 PM

I am uncertain about this. Every time I question some of these areas I am told by Christian leaders and Priests to stay clear. I personally would like to see them centered in Christ. 8/26/2011 4:20 PM

They have a different spiritual/energy basis that is non-Christian. My experience has been though the person is Christian the practices, movements themselves are not in alignment and therefore counter to their Christian journey. 8/26/2011 3:48 PM

Who is to say it is non-Christian? I think it would be interesting to pray about this and bring Jesus into the healing system. I can tell you, while I was doing Tai Chi or having acupuncture I would pray that God would be present with me as I experience this intervention. 8/18/2011 3:22 PM

Depending perhaps on the practitioner. The Litmus test: IS IT IN THE BIBLE? 8/17/2011 11:12 AM

I can picture him doing them! 8/12/2011 6:08 PM

I have read/heard there are some controversies regarding this but am not informed enough to answer definitively. 8/10/2011 3:09 PM

I have read a story about a Jesuit in India. When he lays hands on people who have practiced Hinduism they bodies go into contortions and take the shape of Shiva. The goddess of death. 8/9/2011 8:42 AM

I don't know enough to answer this. 8/8/2011 7:31 PM

All knowledge is of God when used under His leadership and for His glory not glory of the practitioner. 8/8/2011 5:49 PM

For now, I do not know that and no one I know has convinced me of that. It would be great if that could happen. 8/8/2011 12:42 AM

Though I believe this to be a quite complex matter. I view this complexity as a very difficult thing to deal with. Simplicity/simple approaches are much more desirable and amenable to safety measures and considerations. To the point, how can we clearly separate what is scientifically good and helpful in the non-Christian systems from the systems inherent belief and grounding in vague life-force/non-personal god(s). 8/5/2011 10:53 PM

This is what instructors and presenters have been trying to tell me. I'm not sold on this yet. 8/4/2011 10:50 PM

See Above 8/4/2011 9:14 PM

As explained above, if the energy is believed and based on the power and grace of Jesus Christ. 8/4/2011 6:01 PM

I don't agree with some conservative Catholics who decry yoga and acupuncture. These are gifts from God, they are safe and I wish people wouldn't be so judgmental and denounce these healing modalities as "occult." There is evil or unsafe about meditative body awareness, which is

The Journal of Christian Healing, Volume 29, #1, Spring/Summer, 2013

what yoga is all about. There is research validating acupuncture's use for nerve pain, relaxation, and many other issues. 8/4/2011 5:36 PM

Absolutely. God is present and active throughout the whole world and not to be confined in a 'Christian' box. This is my understanding of preeminent grace. 8/4/2011 3:39 PM

Absolutely not. The fruit would be confusion and delusion and giving the glory to something other than Jesus. It would not necessarily be one hundred percent detrimental, but certainly would be unsafe. 8/4/2011 2:19 PM

I've always felt that the words we use are somewhat beside the point (and still I try to use the ones that will keep the doors open with a given group). There is a principle in operation that we need to get a hold of. It is LIFE! We call it Jesus, but "a rose by any other name" 8/4/2011 1:50 PM

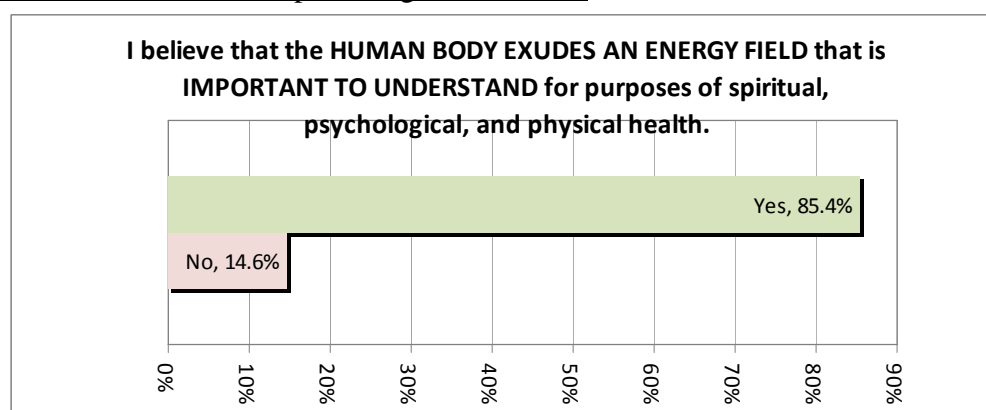
I pray and use my love of the Lord when I am doing chi gong, Tai Chi, chi gong. 8/4/2011 1:21 PM

My personal and 20 years of clinical experiences with non-Christian clinical use of these modalities usually is the primary source is not Jesus and is rooted in some form of New Age thinking. Example: The Source of the Universe. 8/4/2011 12:31 AM

I believe some can, though there is always a possibility that other people will treat these practices as their faith, totally without Christ. I also usually stay away from some that I feel have a very strong non Christian faith base, and pray, asking Jesus to bless and protect me as I receive massage and Reiki. 8/4/2011 11:47 AM

This is too open a statement. The Christian who tried to implement this may not find out what they had opened themselves to till much later. Perhaps some forms of energy medicine are safe when centered in Jesus, but certainly not all forms. 8/4/2011 11:14 AM

Item 10 Forced-choice percentage breakdowns:



All responses to the prompt, "I believe that the human body exudes an energy field that is important to understand for purposes of spiritual, psychological, and physical health," are as follows:

The Journal of Christian Healing, Volume 29, #1, Spring/Summer, 2013

All flows from God. 9/7/2011 2:18 PM

Some people see auras. What are halos as depicted in art if not auras. 9/2/2011 5:41 PM

There are times my own spirit or body picks up negative output from others also positive output. 8/29/2011 2:50 PM

We are “fearfully and wonderfully made” (Psalm 139:14). 8/29/2011 10:47 AM

We are beautifully & wonderfully made. The miracle of birth of which I have been involved thousands of births one can see the energy surrounding us. 8/28/2011 11:04 PM

From a scientific basis, my belief is irrelevant. It would have to be demonstrated scientifically that the human body exudes an energy field and what its purpose is. 8/27/2011 3:49 PM

It is from God, not us. 8/26/2011 10:55 PM

Possibly. 8/26/2011 4:43 PM

The body may exude an energy field. I'm not certain it is important to study this phenomenon. 8/26/2011 4:20 PM

I can believe that the human body exudes an energy field. I think there are many energy fields. Some need great discernment to know where they come from. Not all things that move in energy are not necessarily about God or from God. Satan also has ways to manipulate parts of our lives and it is this that we need to be aware of. 8/18/2011 3:22 PM

A God given gift. 8/17/2011 11:12 AM

This is getting to the point of being obvious, basic science. I just read today that even a virus leaves an electromagnetic trail! To ignore something that has the capacity to communicate before we ever open our mouths and that probably connects and differentiates all of us (in God!) would be foolish indeed. 8/12/2011 6:08 PM

This energy field is scientifically measurable. 8/8/2011 7:31 PM

It makes sense. 8/8/2011 12:42 AM

I have alluded to this in my writings above. It is very important in my ministry to come to understand what the body and mind of the client is telling me so that I can further understand the true needs of the client/family or group I have been assigned to work with. I believe that once this is understood and incorporated into the care plan, the client and family/group get well much more quickly and have witnessed wounds heal more quickly. 8/4/2011 10:50 PM

Why not? We are temples of the Triune God. The Triune God heals 8/4/2011 9:14 PM

The Journal of Christian Healing, Volume 29, #1, Spring/Summer, 2013

To clarify for all. 8/4/2011 6:01 PM

EVERYTHING is actually energy. Matter is an illusion, as evident from studies in quantum physics. 8/4/2011 5:36 PM

It is palpable. You can feel with your hands the chakras and the energy they put out. It can even be transmitted by laying on of hands not only to other persons, but also to animals, which can be overcome by the Spirit. 8/4/2011 4:34 PM

I believe in physiology and in signal graces. 8/4/2011 2:19 PM

Auras and chakras need to be balanced. 8/4/2011 2:08 PM

I have met people who can see auras and read people. I had someone who had never met me before, come up to me and tell me to check with a doctor about what he saw in the area of my stomach. There was no way he could have known that I had been having serious acid reflux for a week. Another time, a different person recognized in my aura that I had a shoulder injury. 8/4/2011 1:50 PM

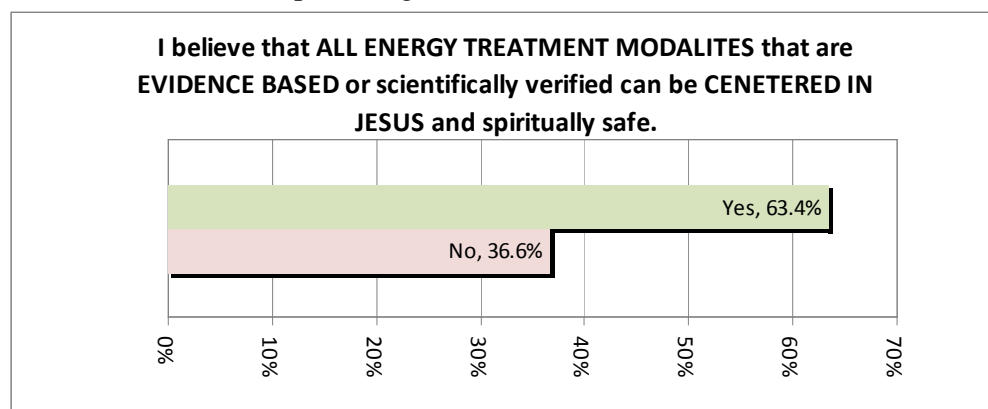
I feel that energy work can facilitate healing and have experienced healing. 8/4/2011 1:21 PM

People were healed by Peter's shadow - Acts 5:12-16. 8/4/2011 12:31 AM

I have felt this through therapeutic touch and in prayer. 8/4/2011 11:54 AM

All energy work or exploration must be centered in Jesus. 8/4/2011 11:27 AM

Item 11 Forced-choice percentage breakdowns:



All responses to the prompt, “I believe that all energy treatment modalities that are evidence-based or scientifically verified can be centered in Jesus and spiritually safe,” are as follows:

See # 11. 9/7/2011 2:18 PM

I would not say all ... many. 9/2/2011 5:41 PM

The Journal of Christian Healing, Volume 29, #1, Spring/Summer, 2013

Let us use all the God given gifts that the Creator has given us. 8/29/2011 2:50 PM

Sounds good but I just don't know enough to say "all energy treatment modalities." 8/29/2011 10:47 AM

I cannot say I know Reiki is good. Many hospitals are using this & studies are being done. Calling on other Gods or persons I could not be involved with. 8/28/2011 11:04 PM

Sure. If they exist, then God created them, and He is already involved. 8/27/2011 3:49 PM

This is my hope. 8/26/2011 11:05 PM

I do not know. I need to reflect on the subject more. 8/26/2011 10:55 PM

You may be able to measure it, you may be able to center these treatment modalities in Jesus, but I do not know, or feel, that they would be spiritually safe. 8/26/2011 8:58 PM

Possibly. 8/26/2011 4:43 PM

Not sure about that statement. 8/26/2011 3:48 PM

I could not go so far @ this time to believe that all energy therapy modalities, even if evidence-based or scientifically verified can be centered in Jesus and spiritual safety. Ongoing individual prayer is the way we would make that statement each time. I do not see that it could be a blanket "OK! Let's do it." This needs serious discernment; every situation is independent of another. 8/18/2011 3:22 PM

Depending on the practitioner! 8/17/2011 11:12 AM

All Creation belongs to Him in Truth. We have absolutely nothing to fear from science and new discoveries of our nature - and His. 8/12/2011 6:08 PM

Again, do not know enough to answer. 8/10/2011 3:09 PM

I hope there can be a way to be sure any energy treatment modality can be centered in Jesus and be spiritually safe. 8/8/2011 12:42 AM

Can, yes. Though I have serious doubts about bringing this into real, ethically and spiritually pure practice. 8/5/2011 10:53 PM

The Eastern philosophies have been studied the most as of yet. As Christians, we are at the advent of this research, having gotten a later start. Probably because we were afraid to speak out before, afraid of the verbal reprimands or job loss that would follow. Once we as Christians have this research in place, it will be time to speak out and we will have the evidence to back up our statements. If I do not feel spiritually safe, I pray a prayer of protection around me, do my work and leave as quickly as possible. I go by the sense I have in my gut, am I calm or is there a spirit

The Journal of Christian Healing, Volume 29, #1, Spring/Summer, 2013

of confusion around me, or will my presence dissipate that confusion or feel like it will engulf me. 8/4/2011 10:50 PM

The phrase centered in Jesus is referring here to be akin to being centered in Goodness, Love and Truth? I say that because if a person touches me in anger or another dark mood I feel a negative uncomfortable energy and find myself wanting to remove their hand even if they call themselves Christian. At that point, their focus is not Christian and I feel it. 8/4/2011 9:14 PM

Already stated. 8/4/2011 6:01 PM

Not sure about “all.” Probably some discernment needed. 8/4/2011 4:34 PM

Absolutely not. 8/4/2011 2:19 PM

Not real sure about this. 8/4/2011 1:50 PM

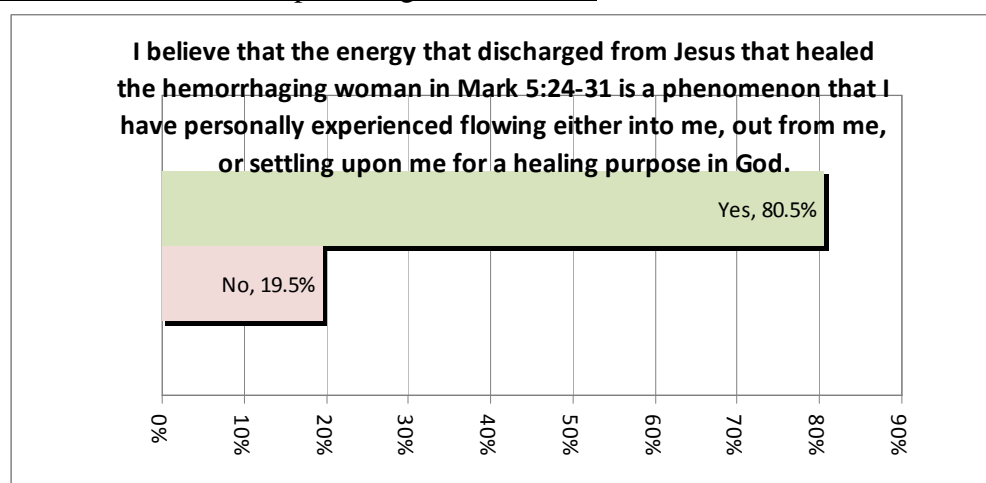
I believe this and do not share this with other Christians as they do not believe and feel threatened by Easter tradition. 8/4/2011 1:21 PM

EMDR meets this criteria and I invited the Trinity into this process long before the evidence based was available. 8/4/2011 12:31 AM

With the same qualification as in question 10. 8/4/2011 11:47 AM

Not all; Satan has the ability and desire to counterfeit healing that would leave people spiritually vulnerable. 8/4/2011 11:14 AM

Item 12 Forced-choice percentage breakdowns:



All responses to the following prompt, “I believe that the energy that discharged from Jesus that healed the hemorrhaging woman in Mark 5:24-31 is a phenomenon that I have personally experienced flowing either into me, out from me, or settling upon me for a healing purpose in God,” are as follows:

The Journal of Christian Healing, Volume 29, #1, Spring/Summer, 2013

Jesus did say with the Holy Spirit we can be a part of the healing experience. 9/7/2011 2:18 PM

Sometimes this was in the form of an auditory impression, like a spoken word, an invitation rather than a directive, to do something related to a ministry. 9/2/2011 5:41 PM

In 1975 I was a very broken person, looking at suicide as a final solution. At that time I strongly believe that God sent faith filled and encouraging people into my life. In fact I looked for people that would teach me new things and some of them led me back to the God I was so angry with. I often recall this time in memory and just wonder at the love of God in my life. 8/29/2011 2:50 PM

I once "recovered" from a potentially difficult and traumatic surgery in remarkable time and with an extraordinary ability to cope with the pain. 8/29/2011 10:47 AM

It is my experience. 8/28/2011 11:04 PM

I have not experienced energy flow in prayer for others. 8/27/2011 3:49 PM

As mentioned above, and in many difficult experiences, such flow of Divine Grace has taken me out of the depth of despair to heights of joy and peace. 8/26/2011 11:05 PM

Again, I am unsure. 8/26/2011 10:55 PM

See answer #2. 8/26/2011 8:58 PM

In the Sacrament of the Sick, yes. 8/26/2011 4:43 PM

I believe this physical manifestation is the power of God present in His Holy Spirit. 8/26/2011 4:20 PM

I can fully understand experience unexpected phenomenon which I have experienced from time to time. God has shown me things about a person I am praying with. When I have been in prayer myself, I have felt God's presence. 8/18/2011 3:22 PM

No doubt about it. 8/17/2011 11:12 AM

An example: while being prayed on by two fellow ACT members at the commissioning ceremony at the end of a conference, we all used the same word: palpable. We felt like we were going to experience lift-off! How can we not imagine the Spirit as Energy? 8/12/2011 6:08 PM

Answered above. 8/10/2011 3:09 PM

I cannot say that I personally have experienced this. However I do believe in the energy discharged from Jesus is as present today as it was when Jesus walked the earth. 8/8/2011 7:31 PM

Flow going out of me, when weeks later people will say they were physically healed by the laying on of hands. 8/8/2011 12:42 AM

During a heavy post-menopausal bleeding episode, I prayed this passage. I was very wet from perspiration, and immediately became totally dry and the bleeding stopped. I believed I had experienced a miracle as a result of answered prayer. However, I did not experience “energy flowing into me . . . or settling upon me.” There was no phenomenon of energy, but yes, healing from God. 8/7/2011 6:23 PM

Please refer to questions 3 and 5. I believe that I have experienced it myself when others have prayed with me for healing. I have experienced it in a professional setting which has then compelled me to act/practice my skills more compassionately or in a different way that I had maybe planned for that visit. 8/4/2011 10:50 PM

Many, many times! 8/4/2011 9:14 PM

In the process of praying with an individual I have experience a radiant heat and change in the individual at that moment. 8/4/2011 6:01 PM

Though it may not have happened to me (unless one considers the Reiki experience noted above), but I believe it happens and people simply don't talk about it. 8/4/2011 5:36 PM

I believe God uses secular and religious methods to touch and to heal. 8/4/2011 3:39 PM

The word used in my bible is power. The power of the Holy Spirit. Satan also has some limited power. Discern the Truth by the fruits. Confusion and delusion are powerful fruits that must be discerned carefully. 8/4/2011 2:19 PM

I teach a weekly Bible study for about 100 women. I move among them during the 3 hours we're together. I can 'feel' those who are needy and who draw from my energy, and I can 'feel' those who come filled with enthusiasm and light to share with others. When I'm up in front of a group, I can sense whether the group is tilted toward those who came to 'get' rather than those who came to 'give.' I use to feel depleted when I spent time with a needy person, but have learn that if I am connected to the Inexhaustible Supply, there is no need to be 'robbed' of energy. 8/4/2011 1:50 PM

I wrote of this at the beginning of this survey. 8/4/2011 1:21 PM

Deliverance prayer for self, as well as others. 8/4/2011 12:31 AM

In a life in the spirit seminar, I was an instrument to bring the healing of Jesus to others. I do not believe I am particularly gifted ... anyone can be the conduit for God's healing. 8/4/2011 11:54 AM

I believe whatever energy I have felt in prayer flowing either into me, out from me, or settling upon me for a healing purpose is from God. 8/4/2011 11:27 AM

The Journal of Christian Healing, Volume 29, #1, Spring/Summer, 2013

Item 13 Forced-choice percentage breakdowns:**None. This item asked for written responses only.**

All responses to the prompt, “An example of experiencing the Christian God and energy is: (Please provide example(s) below),” are as follows:

Going out in the Spirit and feeling warm, your heart beating faster and the inability to move until the process is done. 9/7/2011 2:18 PM

An intense prayer to heal my mother after her brain aneurysm was so profound that God gave us 10 more years to love her and have her with us which was the prayer to not take her then. It helped her release much anger and bitterness during this time. 9/2/2011 5:41 PM

My definition of knowing the presence of the Holy Spirit is through “the elegance of the timing.” So for me there is no “sensation” as such of a flow-I simply see it, for it is very evident 8/31/2011 4:09 AM

My own healing of depression, the return to the family I walked out of, at age 15. Seeking help by staying close to other Christians. Learning to have a personal relationship with God. Reading books on healing ... and learning to enjoy life in the NOW. 8/29/2011 2:50 PM

Nursing a baby Experiencing the privilege of being with someone when they die Being in love, when the love is pure and genuine. 8/29/2011 10:47 AM

Just opening one’s eyes in the morning and seeing God’s creation all around us , the energy of nature, animals, people of all kinds shows me God’s energy in a loving way. 8/28/2011 11:04 PM

God has created the universe, therefore all energy in whatever form results from Him. So I experience His energy from the sun as sunlight. What is not known is whether physical healing either at a distance or through touching another is the result of an energy transfer and how it can be measured. Jesus in the above example felt energy leave Him. I have not experienced it, either way as a recipient or as the praying person. 8/27/2011 3:49 PM

Asking Christ to forgive your sins, Accept Him as your personal Savior and ask Him to make you the kind of person He wants you to be. 8/27/2011 12:23 AM

As described above. 8/26/2011 11:05 PM

My parish priest has experienced the sensation of heat from his hands when conferring sacraments on individuals. 8/26/2011 10:55 PM

Laying on of hands in prayer anointing with oil 8/26/2011 8:58 PM

See #13. 8/26/2011 4:43 PM

The Journal of Christian Healing, Volume 29, #1, Spring/Summer, 2013

Having hands laid upon you to pray for healing and feeling heat enter that area of your body.
8/26/2011 4:20 PM

Sitting in front of the Catholic Eucharist I experience it. I have experienced it through the laying of hands from another person or my laying of hands onto another. I have also experienced it in what I would consider a holy place like the Grotto at Lourdes in France. 8/26/2011 3:48 PM

At times, I feel led to say something or do something that I feel God is prompting me to do. I have had a sense of a negative feeling when a person enters the room. Often these kinds of feelings have been confirmed by the negative senses I feel, and later find the answer that I was questioning. 8/18/2011 3:22 PM

A transferring of that power to give sight to a blind person so powerful that that person could not even stand and rested in the Spirit. 8/17/2011 11:12 AM

How can we look at the night sky and not know that we have a God of Energy? What is the meaning of power? Just thinking of the existence of billions of universes, all produced by and producing infinite amounts of energy; all part of the Ground of Being we know as our Father, who, through Jesus, we know loves us intimately and personally – I'd say our attention is warranted! And, likewise, to the smallest encounter with the tiniest aspects of creation; life is always marked by movement and growth and energy. The Incarnation brings forth Divine Life. Jesus invites us all to see and partake. What is Eucharist? Food!! Energy!! Eat God and be transformed! 8/12/2011 6:08 PM

Answered previously, however I send out prayer requests for our region every Monday and Thursday and have heard repeatedly over the years that people have experienced healings.
8/10/2011 3:09 PM

Prayer, laying on of hands, healing. 8/9/2011 3:59 PM

My back was healed at Our Lady of Guadeloupe Church in Santa Fe New Mexico. I felt an energy going up and down my spine. 8/9/2011 8:42 AM

I think this can take many forms, peace and joy, gratitude. When peoples' lives changes as a result of an encounter with Jesus, then that is a healing encounter, when their lives do not change then they have just had an experience. 8/8/2011 7:31 PM

Don't have one. 8/8/2011 5:49 PM

I prayed over a mother's ankle in proxy for her seminarian son's broken ankle that was not healing properly. Her own ankle experience pain the moment her son first broke his ankle, who was living 5 states away. After 4 months of pain I prayed over the woman's ankle. At that moment both her ankle was healed and so was her son's ankle. I learned that outcome 3 weeks when I saw the woman again. 8/8/2011 12:42 AM

I have experienced God's healing grace. I often work with clients using NET (Neuro-Emotional Technique, www.netmindbody.com) and witness God's healing but not the phenomenon of energy flow. 8/7/2011 6:23 PM

I have experienced a "weight" - described by some as God's Glory (or thick presence) while in a small group prayer setting that brought a peace to me that is beyond description. 8/5/2011 10:53 PM

Please refer to question 3. Another experience was during a singles retreat during a time of recollection and confession, when I very overwhelmingly experienced the unconditional love of a forgiving God. It was like a great weight was lifted off me, one which has never returned to haunt me. When I work with the dying individual and their family, I feel the Presence of a loving God who is there comforting the dying and doing symptom management for the client's good as well as allowing the individual and family to come to terms with events of the past/heal them/let them go. Most times I have also sensed if not seen angels in the room standing guard around the individual/family to allow this healing time to positively occur as much as the individual/family will allow. If I am present during the last breaths, I commend the individual's soul to God for safe keeping until it reaches heaven and that the angels protect the soul until it gets there. At times it is ok to speak openly about this and other times, I say the prayers silently-it depends on family customs and religious preferences. I have been doing this for many years. The challenge was when God asked me to accompany my parents on their journeys, release their spirits back to God as I sat with each of them. It was very hard. I was the soul support for my Dad. With my Mom, it was different in that we were in an environment that encouraged it (hospice). This journey with someone requires a lot of energy, prayer time, and ministry time. I have always kept my census down to one dying client at a time to allow myself this time and still be able to meet the needs of my other clients. Since my folks have passed away, I have only taken on one other case: one that I was already involved in and had promised to walk with this child/parents/brother for as long as they needed me. She died in Nov of 2010. I could give many other examples, but will stop at this for now. Thank you for allowing me to share my thoughts with you. 8/4/2011 10:50 PM

ACT International Conference in Chicago when I was assisting a priest in a Eucharistic healing service after Mass. As people approached me for prayer I didn't even have to touch them as the healing energy was so strong they were simply falling over keeping the poor ushers very, very busy assisting them for safety reasons. I never know beforehand when that is going to begin to occur, it just does. 8/4/2011 9:14 PM

Feeling the power of the Holy Spirit during laying on of hands/prayer. 8/4/2011 8:05 PM

I think I have already done that in both my personal experience of His Divine Presence and the effects of His power on the individual. 8/4/2011 6:01 PM

Loving others. 8/4/2011 5:36 PM

Healing power flowing through my body at the elevation of the Host, and joint pain being eliminated at that moment. Palpable flow of energy at the laying on of hands for healing.
8/4/2011 4:34 PM

1. My husband was experiencing bursitis of the shoulder for 6-9 months. While attending a Christian service of healing prayer he felt a powerful punch in the upper arm. When the initial pain dissipated he had no more bursitis symptoms and returned immediately to a full range of motion. 2. In my counseling practice I will often experience chills, the hair on the back of my neck standing on end, or an internal energizing electricity when I strike on a particularly powerful point, observation or insight. At these times, frequently the patient also speaks about feeling the energy as well. The result is that that particular awareness, insight or confirmation 'sticks' with the patient as a significant event. 8/4/2011 3:39 PM

A healing I have had by the power of the Holy Spirit. I prefer to use the word power, not energy.
8/4/2011 2:19 PM

Through meditation and prayer. 8/4/2011 2:08 PM

I learned from [male name deleted] years ago that I can sit in a large group and ask God for whom to pray, my eyes will be drawn to someone (perhaps 8 rows in front of me). I can focus on the back of their head and pray for the love of God to flow into them or that Jesus would bless them in some way. Very often, when I'm doing that, the person will turn around a look back as though they experience something. I've done that on buses and in airplanes. No need to speak to them. 8/4/2011 1:50 PM

I wrote of this at the beginning of the survey. 8/4/2011 1:21 PM

Stated above. 8/4/2011 12:31 AM

See above. 8/4/2011 11:54 AM

Times when I have experienced being slain in the spirit, feeling God's presence come around and through me. 8/4/2011 11:47 AM

In prayer for healing with the laying on of hands heat or energy flows through hands into the person prayed for. 8/4/2011 11:27 AM

Healing of arthritis and chronic back pain in a service when prayed for by Christian leader anointed with the gift of healing. 8/4/2011 11:14 AM

Conclusion:

This ends the entire data collection of the Christian Healing Energy Survey.